



Canadian Psychiatric Association
Dedicated to quality care
Association des psychiatres du Canada
Dévouée aux soins de qualité

BACKGROUND

2012 Psychiatry Award Winners

Montreal, Quebec was the site of the Canadian Psychiatric Association's (CPA) awards celebration on Saturday, September 29. The following individuals were recognized for their contributions to psychiatry and mental health on this occasion.

Charles A. Roberts Award for Clinical Leadership

This award is presented to a CPA member and psychiatrist-clinician who has contributed significantly to the improvement of patient care either through new treatment approaches, creative program design or administrative innovations. It is also awarded to recognize those who consistently provide superior quality psychiatric care to patients.

Dr. Keith Anderson Dr. Keith Anderson has served as President of the Ottawa Academy of Medicine Section on Psychiatry for over 20 years. Throughout his long career he has helped bridge the divide that often exists between academic psychiatry and colleagues in the trenches. He has also spearheaded shared care in Ottawa, fostering links between family practitioners and psychiatrists.

In 2002, in response to the crisis faced by primary care physicians in accessing consultations with psychiatrists, Dr. Anderson championed the development of the Ottawa Academy of Medicine Psychiatry Referral Line. This is the equivalent of an out-patient service in a community hospital. It assists family physicians to access timely referrals to community-based psychiatrists for patients. In 2005, Dr. Anderson secured ongoing funding for the service from the Ministry of Health and Long Term Care. With 70 psychiatrists providing access to 62 referrals per month, this community-based program has greatly improved access to psychiatric consultation and care in Ottawa.

J.M. Cleghorn Award for Excellence and Leadership in Clinical Research

This award is dedicated to the memory of Dr. John Cleghorn, an early neuroendocrine researcher. The J.M Cleghorn Award for Excellence and Leadership in Clinical Research recognizes a CPA member for excellence in clinical psychiatric research or leadership in advancing clinical psychiatric research in Canada.

This year's winner, **Dr. Emmanuel Stip**, is a pioneer in the research of cognitive difficulties in schizophrenia and the effects of antipsychotics on cognition. A fascination with language anomalies related to mental illness spurred him on to explore the nature of and mechanisms related to memory disorder. His research uncovered the connection between the performance of cognitive tasks and the occupation of dopamine receptors by antipsychotics.

A pioneer in the use of functional neuroimaging in psychiatric research, Dr. Stip is also an important contributor to the development of environmental cognitive remediation through his innovative use of technological development concepts such as smart home and mobile computing. He used electronic pagers (Mobus) and electronic pillboxes (DoPill). Dr. Stip also developed the SSTICS, a subjective scale used to measure cognitive problems or cognitive insight in schizophrenia. This scale has been translated into seven languages, validated and published.

Paul Patterson Innovation in Education Leadership Award

This award is dedicated to the memory of Dr. Paul Patterson, a child and adolescent subspecialist who led and contributed to a broad range of CPA educational initiatives. Recipients of this award are psychiatric educators who, in **responding to change or leading in new directions**, make a significant contribution to undergraduate, postgraduate, continuing professional education or public education.

Dr. Stanley Kutcher is an innovative and passionate educator who is known provincially, nationally and internationally for his innovative education initiatives in child and adolescent mental health. In Nova Scotia, Dr. Stanley Kutcher and his team developed a high school curriculum guide for mental health complete with modules to train educators. Resources include virtual classrooms which use technological tools such as social networking, chat room, blogs, podcasts and more, allowing teachers to incorporate today's technologies along with evidence-based knowledge. This curriculum guide is now in use in many parts of Canada and has been adapted by other countries such as China, Portugal, Brazil and Africa.

In addition Dr. Kutcher developed and implemented *Healthy Minds, Healthy Bodies*, a Nova Scotia mental health education resource for grades three to nine. And in 2011 he launched The Academy for School Mental Health. This annual two-day conference brings together the best speakers on various mental illnesses as well as teachers who work in the field to educate Nova Scotia school personnel.

On the public education front, Dr. Kutcher and his team built a public web resource for teens, families, educators and health professionals which can be found at MentalHealth.org. Dr. Kutcher has also been instrumental in developing child and youth mental health education modules for youth care workers as well as family physicians and general practitioners.

CPA Special Recognition Award

The CPA Special Recognition Award is periodically bestowed by the Board on individuals who have made extraordinary contributions to the mental health of Canadians.

Dr. Pierre Beauséjour received the CPA Special Recognition Award for his leadership in founding and nurturing Mental Illness Awareness Week (MIAW) and fostering partnerships with mental health organizations to form the Canadian Alliance on Mental Illness and Mental Health (CAMIMH), a key player in advocating for a mental health strategy for Canada.

Dr. Pierre Beauséjour, who served on the CPA Board for over 25 years, launched MIAW in 1992. It was Canada's first national public education campaign to target the stigma of mental illness. It relied on grassroots action supported by a national committee of five mental health organizations: the Canadian Psychiatric Association, the Canadian Mental Health Association, the Schizophrenia Society of Canada, the National Network for Mental Health and the Mood Disorders Association of Canada.

In 1997, as incoming president of the CPA, Dr. Beauséjour held a national press conference and called for a national action plan on mental health. Under his leadership, CPA brought together the leaders of the five organizations who had built MIAW into a thriving campaign and formed CAMIMH. In 2000 CAMIMH published *A Call for Action*, articulating its vision for a national action plan. It laid the stage for Senator Kirby and others from a policy perspective, finding consensus on priorities for action. The fundamental framework articulated by CAMIMH's original *Call* is echoed in the Senate Report, *Out of the Shadows at Last*, and the newly released mental health strategy for Canada.

2012 Annual Conference Scientific Awards:

The CPA acknowledges scientific excellence at its annual conference by recognizing the top three papers and top three posters at its conference. The three paper awards are named the Robert O. Jones Awards after the CPA's founding President.

Dr. Tariq Hassan was awarded the **Robert O. Jones Best Paper Award, First Place** for his paper, *Psychiatrists' Attitudes to Becoming Mentally Ill*.

Dr. Diana Blank, won the **Robert O. Jones Best Paper Award, Second Place** for their paper, *Psychosocial Predictors of Adherence to Immunosuppressant Therapy in Autoimmune Hepatitis*.

Dr. Paul Kurdyak received the **Robert O. Jones Best Paper Award, Third Place** for his paper, *The Impact of Schizophrenia on Mortality and Access to Care Following an Incident of Acute Myocardial Infarction*.

Dr. Wid Kattan was awarded **Best Poster, first place** for her poster, *Psychiatry Residents' Attitudes Toward Spirituality in Psychiatry*.

Dr. Diana Blank won **Best Poster, second place** for her poster, *The Influence of Attachment Style on Depression and Somatic Symptoms in Hepatitis C*

Dr. Kanwal Mohan won **Best Poster, third place** for her poster, *The Prevalence of Eating Disordered Attitudes and Behaviour in the Cystic Fibrosis Lung Transplant Population*

President's Commendation

It is the privilege of the CPA President to recognize individuals and/or organizations who have made a difference to the mental health of Canadians.

The Kajouji Family and Mr. Harold Albrecht, MP were jointly recognized by psychiatrists for advancing the cause of suicide prevention.

Many Canadians are familiar with the story of Nadia Kajouji, a Carleton University, originally thought missing and later confirmed to have taken her life at the urging of an online predator. Her family's anxious and public search for Nadia and for answers around the circumstances of her suicide touched the hearts of many Canadians. Nadia's family, her mother, father and brother showed great courage as they pushed past the pain of losing Nadia and the stigma that surrounds suicide to speak out publicly for better suicide prevention in Canada. Nadia's brother Marc became an Ambassador for Your Life Counts, an internet response and resource hub primarily for youth and families, providing help and practical advice and communicating with youth in the media they relate to and are comfortable with in a non threatening environment where anonymity can be maintained.

The Kajouji family's story also struck a chord in Member of Parliament, Harold Albrecht, inspiring him to get Internet-based suicide encouragement clarified in the Criminal Code as akin to counseling suicide offline. He didn't stop there but also went on to take up the cause of suicide prevention by introducing Bill C-300 which also has won that rare all party support calling for a federal framework for suicide prevention.

The joint nature of the President's Commendation awarded by Dr. Fiona McGregor, the CPA's outgoing President, illustrates that it takes many people to make change, that out of great tragedy can be born hope for others.

Also, this weekend:

Alexander Leighton Joint CPA- Canadian Academy of Psychiatric Epidemiology (CAPE) Award

The Alexander Leighton Award recognizes an individual or group who, have made a significant contribution to the advancement and diffusion of Canadian psychiatric epidemiology through innovative studies, methods, teaching or transfer of knowledge.

Dr. Arboleda-Flórez has spent his lifelong career advancing psychiatric epidemiology. He was the President of the Canadian Academy of Psychiatric Epidemiology (CAPE), serving from 1998 to 2008. He

was the Director of the WHO Regional Unit for Research and Training in Mental Health at the University of Calgary from 1993 to 1998 and is currently the Director of the Queen's/PAHO/WHO Regional Unit for Research and Training in Psychiatric and Behavioural Epidemiology. Dr. Julio Arboleda-Flórez is constantly presenting to international audiences on topics involving psychiatric epidemiology, mental health services and psychiatric ethics as well as serving as a consultant to several international initiatives and organizations. He has been involved in the training and mentoring of over 50 graduate students, medical doctors and international scholars in the areas of forensic psychiatry and psychiatric epidemiology. Finally, Dr. Arboleda-Flórez has published over 300 scientific papers and technical reports in the areas of psychiatric epidemiology, mental health services, public mental health, mental health ethics and forensic psychiatry.

Fellows of the CPA

The honour of Fellow of the CPA was bestowed upon: Dr Moses Alatishe, Dr Shabbir Amanullah, Dr. Pierre Beauséjour, Dr Philip Beck, Dr David Crawford, Dr Jonathan Davine, Dr Murray Enns, Dr Wayne Furlong, Dr Leslie Kiraly, Dr Jodi Lofchy, Dr Amin Muhammad, Dr Hugh Parfitt, Dr Bruce Pollock, Dr François Primeau, Dre Suzane Renaud, Dr Jitender Sareen, Dr Gerald Schneiderman.

The inaugural honour of **Distinguished Fellow of the CPA** was bestowed upon CPA member psychiatrists in recognition of their exemplary contributions towards excellence in psychiatry: Dr Susan Abbey, Dr Jean-Marie Albert, Dr Julio Arboleda-Florez, Dr Roger Bland, Dr Dominique Bourget, Dr John Bradford, Dr Simon Brooks, Dr. Terrance Callanan, Dr Gary Chaimowitz, Dr Gilles Chamberland, Dr Manon Charbonneau, Dr John Deadman, Dr Nady el-Guebaly, Dr Deborah Elliott, Dr. Paul Fedoroff, Dr. Pamela Forsythe, Dr. Renée Fugère, Dr Fabien Gagnon, Dr Mamta Gautam, Dr David Goldbloom, Dr Gary Hnatko, Dr. Mimi Israël, Dr Joseph Joel Jeffries, Dr Nicholas Kates, Dr Sidney Kennedy, Dr Stan Kutcher, Dr Nizar Ladha, Dr Raymond Lam, Dr Alain Lesage, Dr John Leverette, Dr. Paul Links, Dr Harriet MacMillan, Dr William McCormick, Dr Roumen Milev, Dr Donald Milliken, Dr. Rachel Morehouse, Dr. Philippa Moss, Dr Michael Myers, Dr. Dhanapal Natarajan, Dr San Duy Nguyen, Dr Kola Oyewumi, Dr Werner Pankratz, Dr. Sagar Parikh, Dr. Joel Paris, Dr Emmanuel Persad, Dr Allan Peterkin, Dr Jeffrey P. Reiss, Dr Gail Robinson, Dre Renée Roy, Dr. Joel Sadavoy, Dr Margaret Steele, Dr Donna Stewart, Dr. Aidan Stokes, Dr John Robert Swenson, Dr Richard Swinson, Dr Aruna Thakur, Dr Raymond Tempier, Dre Marie-France Tourigny-Rivard, Dr Louis van Zyl, Dr George Voineskos, Dr. Donald Wasylenki, Dr. Blake Woodside, Dr Ari Zaretsky