

Canadian Psychiatric Association

Report to Members

2014

Member-Driven • Member-Focused • Member-Responsive



December 2014



Canadian Psychiatric Association

Dedicated to quality care

Association des psychiatres du Canada

Dévouée aux soins de qualité

Who We Are

Incorporated in 1952, the Canadian Psychiatric Association (CPA) is the national voluntary professional association for Canada's 4,700 psychiatrists and 900 residents. The CPA serves a membership of 2,200 Canadian psychiatrists, 400 residents and 140 affiliates of which 40 are international psychiatrists.

Vision

A strong profession for a healthy population.

Mission

As the national voice of Canadian psychiatrists, the Canadian Psychiatric Association advocates for the professional needs of its members and promotes excellence in education, research, and clinical practice.

For more information on Association activities, visit our website at:

www.cpa-apc.org

Front cover photo: CPA Lobby Day delegates gather on steps of Parliament Hill.

Front row (l-r): Dr. Fiona McGregor, Dr. Padraic Carr, Dr. Michael Teehan, Dr. Donald Addington, Dr. Suzane Renaud, Dr. Sonu Gaind. Row 2 (l-r): Dr. Biju Mathew, Dr. Susan Abbey, Dr. Gerald Gray, Dr. Johann Brink, Dr. Renuka Prasad, Dr. Gary Chaimowitz. Row 3 (l-r): Dr. Nancy Brager, Dr. Georgina Zahirney, Dr. Stephanie Magnan, Dr. Marie-France Tourigny-Rivard, Dr. Roger Bland, Dr. Diane Kljenak, Dr. Dhanapal Natarajan. Row 4 (l-r): Dr. Julia Dornik, Dr. Barinder Singh, Dr. Jason Bond, Dr. Dan Boston, Dr. Douglas Urness, Dr. Chris Wilkes, Dr. Glendon Tait, Glenn Brimacombe, Dr. Shirwan Kukha-Mohamad.

Lobby Day participants not pictured here: Dr. Tanis Adey, Dr. Alison Freeland, Dr. Fernando Gonzalez-Pino, Dr. Simon Hatcher, Dr. Karine Igartua, Dr. Jacqueline Lee Kinley, Dr. Heather Milliken, Dr. Tyler Oswald, Dr. Nachiketa Sinha.

Your President

As President of the CPA until our Annual Conference in September 2014 in Toronto, I am pleased to present our annual Report to Members. The report summarizes the breadth of Association activities during my tenure as President and into the term of my successor, Dr. Padraic Carr.

This Report will give you a clear sense of how the CPA represents the profession and provides value to members. As the title of the Report suggests, the CPA's raison d'être is to be *member-focused, member-driven, and member-responsive*. Your continued support as a shareholder and contributor to the Association, allows us to speak with *gravitas* on behalf of psychiatry at the national level, and also to provide you with a range of programs and services to meet your needs.

The past year has been one of significant renewal for the Association. At the federal level, we have increased our engagement in public policy discussions on the future of mental health and the role of psychiatry, and the Board of Directors has reflected deeply on the future of the organization and its strategic focus.

As we move forward, it is essential that we seize on those strategic opportunities that improve the lives of our members and meet head-on those organizational challenges that are part and parcel of a fluid environment.

Over the past 12 months, it has been a signal honour to be your President. I have had the opportunity to meet with many of you from coast-to-coast-to-coast and hear, first hand, of the rewards and challenges that come with being a psychiatrist. For this I am truly grateful.

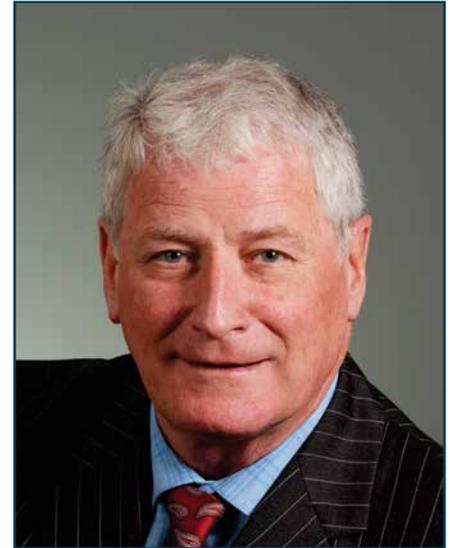
In looking to the future, I am confident you will be well-served by Dr. Padraic Carr as incoming President of the CPA, who will hold the office with dedication, professionalism and grace.

This Report to Members breaks with tradition in terms of its format and style. If you have any comments as to how it can be improved, please forward them to me at President@cpa-apc.org.

Sincerely,



Michael Teehan
President
2013-2014



Dr. Michael Teehan
CPA President, 2013–2014

The Board Chair



*Dr. Donald Addington
Board Chair*

As Board Chair, I have the distinct honour of working closely with the Board of Directors, the Executive Committee and senior CPA staff. It is this nexus of collaboration and teamwork that allows the CPA to fulfill its mission and provide value to its members in many ways.

As you read through the Report, you will see that the Board of Directors has focused on a range of strategic opportunities and challenges to ensure that the Association has a strong foundation and is positioned for future success.

Some CPA activities such as the creation of a Governance Working Group and the launch of a member's survey are internally focused. Others, such as our lobby day on Parliament Hill and Dr. Teehan's speech at the Economic Club of Canada, are externally focused. Still others, such as our Choosing Wisely initiative, cut across both dimensions. Altogether, over the past year, the Board of Directors has tackled a sizeable body of work of which members can be proud.

This Report to Members is a clear reflection of the leadership, decisions and directions from the Board of Directors and the Executive Committee. I would like to extend my sincere appreciation for their efforts and their dedication to advancing the profession. I would also like to thank the councils, committees, working groups and sections who provide thoughtful input and feedback to the Board.

Last, but not least, I sincerely thank the CPA staff, who work incredibly hard on our behalf and provide the Association with sage advice.

While it is a privilege to serve as your Board Chair, there is more work to be done by the Board of Directors to ensure that CPA activities are member-focused, member-driven and member-responsive.

If you have any questions or comments regarding the directions set by the Board of Directors, please contact me at Chairman@cpa-apc.org.

Yours truly,

A handwritten signature in black ink that reads "D. Addington". The signature is written in a cursive, flowing style.

Donald Addington
Board Chair

Your CEO

The Report to Members is an essential vehicle through which CPA communicates to members and the public about Association activities. It provides transparency and accountability so that members have a clear understanding of what we do on their behalf and decide to renew their membership in their national voluntary professional association.

This means we need to earn your loyalty every year. We sincerely thank you for your current support. We understand that there is increasing competition for your member dollar and that CPA must continue to demonstrate it is a valuable investment. In other words, we must be member-driven, member-focused and member-responsive.

Members are the lifeblood of the CPA. As an Association, it is our responsibility to provide you with products and services that support you in your practice. You are the reason we exist and we can't do it without you!

This past year CPA has focused on a combination of strategic issues and challenges, both internal and external. The Report will provide you with an overview of CPA activities that cover our three strategic pillars. The first, *A United Voice*, encompasses our approach to advocacy and partnership. The second, *Dedicated to Quality of Care and Lifelong Learning* includes our commitment to provide members with up-to-date, cutting-edge clinical knowledge. *Member-Driven, Member-Focused, and Member-Responsive*, our third pillar, recognizes that we must continually engage you so that we can better meet your needs.

Once you have read the Report, I hope you will be impressed with the depth and breadth of activities and will either remain a member, join as a new member, or encourage a colleague to join in supporting the CPA.

In closing, let me say it has been a distinct pleasure to work closely with Dr. Michael Teehan as President and Dr. Don Addington as Board Chair. Their devotion to the profession is substantial as is their commitment to the CPA. Let me also thank the members of the Executive Committee and Board of Directors for their leadership, due diligence and wise counsel. They are, in many respects, the engine that propels the Association forward. I would also like to recognize the important work of the councils, committees, working groups and sections led by their capable chairs.

Finally, I would be remiss if I did not acknowledge a huge debt of gratitude to CPA staff whose talent and commitment to the profession are a significant advantage to the Association.

As we move towards 2015, I look forward to working with all of you to advance the interests of the profession and the CPA. If you would like to learn more about the work of the Association, do not hesitate to contact me at CEO@cpa-apc.org.

Sincerely,



Glenn Brimacombe
Chief Executive Officer



Glenn Brimacombe
Chief Executive Officer

Making a Difference for Members

To CPA to make a difference in the lives of members and the patients they serve, the CPA Board of Directors approved the Strategic Action Plan *When Preparation Meets Opportunity*.

The plan identifies five strategic objectives:

1. The CPA is a leading voice and trusted source of reliable clinical information to members, the public, decision-makers, media, healthcare providers, the private sector and others.
2. The CPA is a leader on public policy issues related to the role of psychiatry and the future of mental health in Canada.
3. The CPA is a strategic partner of choice.
4. The CPA has a compelling value proposition that inspires psychiatrists to join and actively participate in the organization.
5. The CPA is a high performing organization with exceptional talent and a strong financial base.

To meet these objectives, the CPA organizes its activities under three pillars:

A Unified Voice

The CPA is *the* unified national voice that speaks for psychiatry on issues of professional concern and matters of public policy.

Dedicated to Quality of Care and Lifelong Learning

The CPA provides members with *leading-edge* knowledge to support and enhance clinical decision-making throughout their career.

Member-Driven. Member-Focused. Member-Responsive.

The CPA is a *dynamic and responsive* organization that engages members throughout their professional life cycle and meets their needs.

It is the combination of these three pillars that provides the Association with a roadmap for the future, and positions the CPA to provide expert advice to governments and other agencies, educate members, and influence society on matters related to mental health and illness.

A Unified Voice

One of the significant components of our value proposition is that the CPA is your national voice on all matters related to psychiatry and mental health. No other organization represents the breadth and depth of psychiatry and engages decision-makers and the public on a regular basis.

Whether it is meeting with a Minister of Health, Members of Parliament, Senators, or the Official Leader of the Opposition, CPA brings an essential perspective to decision makers.

A Unified Voice strengthens the views presented by the profession as it contributes to the development of Canadian public policy. The CPA does this by:

1. Articulating our perspective on the federal government's role in mental health.
2. Anticipating the federal government's role in mental health.
3. Informing the public policy dialogue on the role of psychiatry.

Some of the key events in 2014 where the CPA made a difference in contributing to public policy were.

Our Voice on the Hill

More than 30 CPA members met with over 30 Members of Parliament and Senators on April 10 to discuss policy issues related to the role of the federal government and mental health (see Table 1). To kick off the day, the CPA hosted a breakfast with close to 30 Parliamentarians. Later that day, Dr. Roger Bland testified on behalf of the CPA, before the Standing Committee on Health for its study, *Best Practices and Federal Barriers: Practice and Training of Healthcare Professionals*.



CPA delegates meet with NDP leader, Thomas Mulcair



Senator Kelvin Ogilvie, sponsor of the Lobby Day breakfast, with speakers Matt Gilmour and Rachel Scott-Mignon and CPA President, Dr. Michael Teehan

2015 Pre-Budget Consultation

CPA provided a written Brief to the House of Commons Standing Committee on Finance that outline four “asks” of the federal government (see Table 1).

TABLE 1 CPA Recommendations to the Federal Government

- Create a five-year, \$100 million *Mental Health Innovation Fund* to accelerate the spread of evidence-based innovations to improve the cost-effective delivery of mental health programs and services at the community level.
- Invest in the development of a common and comprehensive set of national mental health indicators and mental health expenditure data to improve overall mental health system performance.
- Fund the development and implementation of a mental health research agenda for Canada.
- Implement the Mental Health Commission of Canada's National Standard for Psychological Health and Safety in the Workplace throughout the public service.

Minister's Roundtable on Family Violence and Child Abuse

In March 2014, the CPA President participated in a roundtable with the Minister of Health, Rona Ambrose, Ms. Laureen Harper, Mr. Sheldon Kennedy and various national health organizations to offer solutions to address family violence and child abuse. The CPA drew attention to its position paper on *Intimate Partner Violence*.



Dr. Michael Teehan with Laureen Harper and Health Minister Rona Ambrose

Speaking on the National Stage

In May, the CPA President spoke at the Economic Club of Canada and reminded national leaders of the importance of investing in severe and persistent mental illness and the role of psychiatry.



Refugee Healthcare

The CPA raised its voice in concert with many of its medical colleagues about the cuts to the Interim Federal Health Program (IFHP) and the consequences of refusing coverage of primary and preventative health care to refugee claimants. The CPA subsequently urged the federal government not to appeal a Federal Court ruling that the IFHP cuts violated the Charter. In November the Federal Court of Appeal rejected the federal government's application for a stay on the court ruling and the government reinstated most IFHP benefits to refugees.

Suicide Among Federal Inmates

In September 2014, the CPA welcomed the Correctional Investigator's report on suicide among federal inmates and applauded its focus on prevention. In addition, the CPA and the Canadian Academy of Psychiatry and the Law (CAPL) jointly wrote to the Minister of Public Safety, Steven Blaney, asking for swift action on the jury recommendations from the Ontario coroner's inquest into the death of Ashley Smith.

Not Criminally Responsible Reform Act

Working closely with the CAPL, the CPA continued to raise concerns over the consequences of Bill C-14, *The Not Criminally Responsible Reform Act*. Despite our objections, the Bill received Royal Assent in 2014.

A Place for Dialogue and Debate

A report recently published by the Institute for Clinical Evaluative Sciences focused on psychiatric practice patterns in Ontario and was the subject of a joint news release from the CPA and the Ontario Psychiatric Association. The CPA also facilitated dialogue and debate amongst members on this issue via a panel discussion at the 2014 Annual Conference.

Celebrating On-the-Ground Innovations in Psychiatry

The CPA submitted a number of local psychiatry-led innovations that have improved access, quality and health outcomes to the Advisory Panel on Healthcare Innovation established by the federal Minister of Health.

Supporting Strategies Focused on Severe and Persistent Mental Illness

The CPA supported a consensus statement on how to improve the ongoing transition to community-based services for people with severe and persistent mental illness. A panel of experts, which included several CPA members, developed the statement through a consensus conference hosted by the Institute of Health Economics.

Input on a Federal Framework for Suicide Prevention

The CPA has provided input on the preliminary framework on suicide prevention developed by the Public Health Agency of Canada and looks to comment on a revised draft in the near future.



CPA delegates with Conservative MP Harold Albrecht, sponsor of Bill C-300, A Federal Framework for Suicide Prevention

The Power of Partnerships

The CPA understands the power of partnerships and looks to identify and leverage both internal and external opportunities with other organizations that share the same strategic destination. Depending on the issues at play, the CPA has a number of strategic alliances that serve the interests of psychiatrists and their patients.

Some of these opportunities are within the house of psychiatry such as working more effectively with the subspecialty academies and provincial psychiatric associations. Others are with a range of external partners who value the development of a common approach to public policy issues.

Working From Within...

Aligning Strategic Interests With the Academies

The CPA has met with the subspecialty academies to explore opportunities to work more effectively together and to forge stronger partnerships on issues of shared interest. A number of initiatives were agreed upon in the latter half of 2014, however, there is more work to be done to ensure we create added value for all of our members.



The Provinces as Partners

While the CPA is a leader at the national level, many policy issues related to the role of psychiatry and the future of mental health are decided provincially. The CPA is exploring how it can more actively support the provincial psychiatric associations in advancing psychiatrists' interests. For example, the CPA Economics Committee is contemplating a more active coordinating role to assist tariff chairs in developing more compelling submissions to their respective provincial medical associations to address issues of inter-specialty fee relativity.



CPA CEO with APA CEO,
Dr. Saul Levin and Dr. Padraic Carr

its relationship with the American Psychiatric Association (APA), the UK Royal College of Psychiatrists and The Royal Australian and New Zealand College of Psychiatrists. A meeting of all four organizations will be held during the APA's 2015 annual meeting in Toronto.

Looking Beyond our Borders

Knowing that many of the policy issues and challenges facing the profession extend beyond borders, the CPA has strengthened

Looking Outward With Others...

CAMIMH

As a founding member of the Canadian Alliance on Mental Illness and Mental Health (CAMIMH), the CPA was pleased to support the Champions of Mental Health Gala in May 2014. During Mental Illness Awareness Week (MIAW), CAMIMH also took the important step of developing a more strategic approach to articulate what the federal government can do to advance the mental health agenda. This included a lobby day, a *Faces of Mental Illness* breakfast with Parliamentarians and submitting a Brief to the House of Commons Standing Committee on Finance as part of the 2015 pre-budget consultation process—a brief which the CPA played a large role in developing.



Rick Mercer and Valerie Pringle, CAMIMH Gala hosts



Faces of Mental Illness Awareness Week, 2014

Mental Health Commission of Canada

Over the past year the CPA and the Commission have strengthened their relationship. From working together to publish the *Opening Minds* supplement and developing national mental health indicators, to contemplating the future of the Commission whose current mandate ends in 2017, the CPA is actively engaged with the MHCC. In addition Dr. Manon Charbonneau, current Chair of the CPA Stigma and Discrimination Working Group, now sits on the Commission Board.

Royal College of Physicians and Surgeons of Canada (RCPSC)

In 2014 the CPA met with the President, CEO and Council of the RCPSC to discuss working together more effectively. While meaningful progress takes time, the CPA is hopeful that its recent dialogue will yield benefits for the profession. Currently, the CPA's CEO sits as a public member of the Royal College Council. Also, this fall saw the release of Mental Health Core Competencies for Physicians, a joint project of the MHCC, the RCPSC, the Canadian Medical Association and the College of Family Physicians of Canada. The CPA's Board Chair, Dr. Donald Addington represented the CPA on the steering committee for this project.

Wait Time Alliance (WTA)

In June, the WTA released its annual report on wait times. The CPA noted that for the sixth consecutive year the provinces have made no progress in measuring wait times for psychiatric care. Dr. Suzane Renaud, CPA past president, is the official francophone spokesperson for the WTA.



Canadian Forces

With the creation of a Military and Veteran's Section, the CPA is looking to work more strategically with the Canadian Forces. The section, under the able leadership of co-Chairs Dr. Rakesh Jetley and Dr. Don Richardson, organized a strong military and veterans mental health component at the CPA's 2014 Annual Conference.



Col. Rakesh Jetly, named inaugural Chair in Military Mental Health (5th from the left).

HEAL (Health Action Lobby)

CPA is a recent member of HEAL, however its membership is timely as the coalition of 40 national health organizations released a consensus statement on the role of the federal government in health this December. The CEO of the CPA is a co-Chair of HEAL.

CPA Members in the News

Thank you to the following members for answering the call from media on the following topics:

- A Fair Shake, Hill Times op-ed, **Dr. Michael Teehan**
- Focus on Mental Health Research, Canada's Innovation Leaders 2013, **Dr. Don Addington** and **Dr. Michael Teehan**
- Syndicated series of Radio-Canada interviews on mental illness with **Dr. Suzane Renaud** during World Mental Health Day
- Severe and Persistent Mental Illness, Morning News, Global News, Halifax (radio), **Dr. Michael Teehan**
- Not Criminally Responsible legislation, **Dr. Gilles Chamberland**, Radio-Canada
- Canadian Forces mental health strategy, **Dr. Fiona McGregor**
- Physician mental health, Medical Post, **Dr. Manon Charbonneau**
- How to tell your children you are terminally ill, Parents Canada Magazine, **Dr. Chris Wilkes**
- Mental illness, Metro, **Dr. Michael Teehan**
- Shortage of Child Psychiatrists, CBC Regina, **Dr. Chris Wilkes**, CBC Regina
- Not Criminally Responsible Reform Act, Global News BC, **Dr. Johann Brink**
- Depression: Reader's Digest, **Dr. Sidney Kennedy**
- Psychiatric wait times, Calgary Herald, **Dr. Suzane Renaud**
- Seasonal affective disorder, Canadian Living Magazine, **Dr. Raymond Lam**
- Psychiatric evaluation for courts, Radio-Canada Nouveau Brunswick, **Dr. Joel Watts**
- Seroquel and prescribing practices, Canadian Press, **Dr. Don Addington** and **Dr. Jitender Sareen**
- Psychiatry practice patterns in urban Ottawa and Toronto, Medical Post, **Dr. Padraic Carr** and **Dr. Doug Weir**
- Psychological effects of trauma, National Post, **Dr. Alain Lesage** and **Dr. Jitender Sareen**



Dedicated to Quality of Care and Lifelong Learning

A core strategic function of any national specialty society is its focus on quality of care and continuing professional development (CPD). This is particularly important in a policy environment that is increasingly focused on accountability, value-for-money and appropriateness of care.

The CPA is well positioned, through a number of programs and vehicles, to provide members with timely access to leading-edge clinical information that supports improved patient outcomes. That said, the CPA is always thinking about what combination of products and services can better serve members.

The CPA currently offers CPD programs and services to support quality of care and lifelong learning.

INNOVATIONS IN PSYCHIATRIC CARE
◆ FROM NEURON TO CLINICAL PRACTICE

CPA CPD Institute Programs

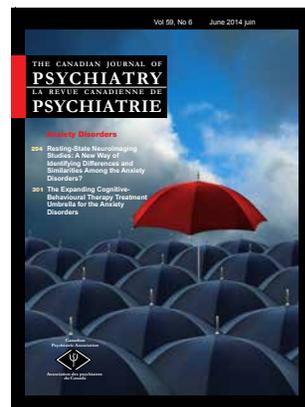
CPD Institute programs complement the annual conference, bringing educational offerings to a number of provinces throughout the year. These include *Perspectives in Mental Health Care*, which is aimed at both community psychiatrists and family physicians and a fall series for psychiatrists, *Innovations in Psychiatric Care: From Neuron to Clinical Practice*. The 2014 fall series included talks on epigenetics of psychiatric disease and drug metabolism as well as pain, depression and ADHD comorbid with mood disorders. CPD Institute programs were also offered in conjunction with the annual meetings of the Alberta, Saskatchewan and Manitoba psychiatric associations.

International CPD Conference

ICPD 2014 featured a cruise through the Tahitian Islands and a variety of sessions on DSM-5, biomarkers in depression, anhedonia, use of long-acting antipsychotics in schizophrenia, adjunctive strategies in depression, patient-centred care, somatization, management of the suicidal patient, use of quality improvement tools to improve clinical services, neurostimulation therapies in mood disorders, the psychiatrist's role in disability claims and management of adult ADHD.

The Canadian Journal of Psychiatry

The CJP is the CPA's flagship journal when it comes to leading-edge knowledge translation. This past year saw *The CJP* tackle important issues such as cognition, pharmacotherapy, suicide, severe and persistent mental illness, recovery, anxiety, treatment-resistant depression, psychopharmacology, PTSD in soldiers and civilians, untreated psychosis, self-harm, and Alzheimer treatments.



This September, Dr. Scott B. Patten took over at the helm as Editor-in-Chief of *The CJP* from Dr. Joel Paris. The CPA thanks Dr. Paris for his 10 years of service.

Position Papers

The CPA develops position papers on clinical practice, training, legal, ethical and public policy issues. In 2014, the CPA published position papers on treating lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ) populations and the freedom of and from religion. Papers on consent, medical training in psychiatric residency, clinical and training approaches to emergency psychiatry as well as an Economics Committee paper on indirect care in psychiatry have been approved by the Board and will be published in 2015. Much of the current work with respect to papers has been driven by the CPA's mandatory five-year review policy. While some committees and councils have been proactive in proposing papers on new topics of interest and value to the profession, an overall strategy to systematically identify, prioritize and assign new projects is being developed.

Clinical Practice Guidelines (CPGs)

While the CPA has released four CPGs over the past 15 years, all are in need of review. It is time for the CPA to assess the CPG needs of members and determine what topics are priorities.

Choosing Wisely

The CPA recently agreed to participate in the Choosing Wisely Canada program. While this exercise is about to unfold, the CPA will be identifying clinical activities that are of limited value or are of potential harm to patients.

Foundation of the CPA

The raison d'être of the Foundation is to secure resources to support noncore activities of the Association. In 2014, the Foundation Board agreed to review its objectives and priorities and identified the following three of areas of strategic focus: clinical practice guidelines; public education and member education.



Dr. Jonathan Lee received a \$3,000 Scotiabank Grant for Children and Mental Health for his study examining long-term potentiation-like plasticity in healthy but disadvantaged adolescents ages 13 to 19 using paired association stimulation, or PAS, which uses transcranial magnetic stimulation.

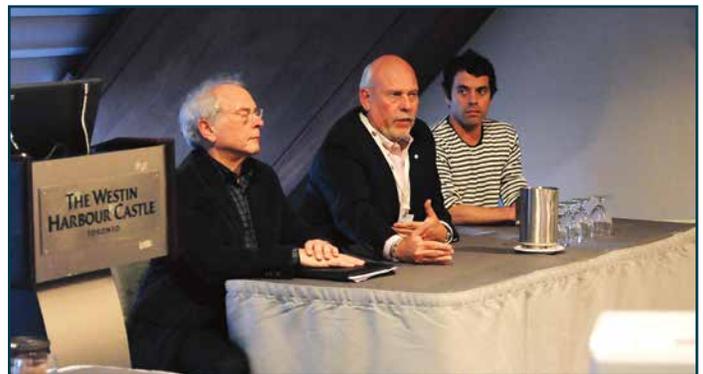
Annual Conference

The Annual Conference is the largest CPD event for psychiatry in Canada. This year, over 1,100 delegates attended the meeting in Toronto. Judging by the feedback received, delegates found that the conference challenged their thinking and gave them a new perspective on approaches to clinical practice, teaching, patient interaction and advocacy. Others cited the opportunity to engage with psychiatric leaders in research and the opportunity to network with like-minded colleagues as a highlight of their experience. Still others commented on the quality of the speakers and the many sessions that gave them insight into the current challenges facing psychiatrists in contemporary practice. See Table 2 for conference highlights.



TABLE 2 Annual Conference Highlights

- 7 invited lectures including, *The Future of Psychiatry: Integrating the Health Care System, Education and the Patient*
- 20 symposia including, *Toward Understanding Treatment Outcomes in Military-Related Posttraumatic Stress Disorder*
- 54 workshops including, *An Antipsychotic in Time Saves Nine: Psychosis Treatment Optimization Program*
- 28 courses including, *Preventing Relapse and Its Consequences in Schizophrenia: The Role of Early Use of Long Acting Injectable Antipsychotic Medications*
- 9 networking discussion groups including, *Deep Fried Nerves: The Burntout Psychiatrist?*
- 46 papers including, *Bridging the Gap From Youth to Adult Mental Health Services*
- 4 CPA CPD Institutes including, *Binge Eating Disorder: Surprisingly Prevalent, and Now Easier to Recognize*
- 76 Posters including, *Understanding Aggression From Patient and Provider Perspectives*
- A full-day CPA Junior Investigator Research Colloquium
- Networking and social events including the President's Gala and the Resident's Social
- A Roundtable with CPA Past Presidents



Recognition of Excellence

Each year the CPA recognizes CPA members who have done exceptional work. The Association and its president also periodically recognize non-psychiatrists for their contributions to the mental health of Canadians. See Table 3 for a list of this year's award recipients.



CPA Award winners (l-r): Mr. Sheldon Kennedy, Dr. Theresa Isomura, Dr. Vasavan Nair and Dr. John Langley with Dr. Michael Teehan (centre)



CPA Special Recognition Award accepted by Her Excellency Mrs. Sharon Johnston



Best Poster, 1st Place, Dr. Kathleen Broad and Dr. Nate Charach

TABLE 3 CPA Awards and Recognitions

- CPA Special Recognition Award, Their Excellencies the Right Honourable David Johnston, Governor General of Canada, and Mrs. Sharon Johnston
- President's Commendation, Mr. Sheldon Kennedy
- CA Roberts Award for Clinical Leadership, Dr. Theresa Isomura
- JM Cleghorn Award for Excellence in Clinical Research, Dr. Vasavan Nair
- Paul Patterson Innovation in Education Leadership Award, Dr. John Langley
- Alex Leighton Joint CPA-CAPE Award in Psychiatric Epidemiology, Dr. Elliot Goldner
- Joint CPA-COPCE Award for the Most Outstanding Continuing Education Activity in Psychiatry in Canada, Dr. Mark Rapoport, Dr. Andrew Wiens, Dr. Dalls Seitz and Dr. Marcus Law
- Distinguished Fellows of the CPA:
Dr. Shabbir Amanullah, Dr. Howard Book, Dr. Jon Davine and Dr. Frank Sommers
- Fellows of the CPA:
Dr. Melissa Andrew, Dr. Nancy Brager, Dr. William Fleisher, Dr. Nathan Herrmann, Dr. Stephen Kisely, Dr. Javad Moamai, Dr. Scott Patten, Dr. Harry Prosen, Dr. Kiran Rabheru, Dr. Mark Rapoport, Dr. David J. Robinson and Dr. Thomas Ungar
- 2014 R.O. Jones Awards for Best Papers:
1st Place—Dr. Gary Hasey,
2nd Place—Dr. Rohan Ganguli,
3rd Place—Dr. Tracy Afifi
- 2014 Best Posters: 1st Place—Dr. Kathleen Broad and Dr. Nate Charach, 2nd Place—Dr. Martha McKay and Dr. Tricia Da Silva, 3rd Place—Dr. Veronique Wilson and Dr. Daniel St-Laurent



Fellows and Distinguished Fellows of the CPA 2014



Member-Focused Member-Driven Member-Responsive

As noted in the messages from the President, Board Chair and CEO, keeping CPA member-focused, member-driven and member-responsive is foremost on our minds. This requires undertaking a number of initiatives to align the activities of the Association with member needs.

With 48 per cent of licensed psychiatrists in Canada and close to 60 per cent of psychiatry trainees as members, the Association has the opportunity to increase its representation by communicating more clearly about the value the CPA provides, making it easier for existing members to support the CPA and encouraging those who have never been a member to join. We are reviewing all current CPA activities to ensure we are meeting the diverse needs of psychiatrists. For example, Table 4 outlines the ways in which we provide value to residents.

Members' Survey

To better understand member needs and preferences and to take the pulse of the profession, the CPA has instituted an annual member survey. The 2014 survey is currently in field.

Governance Working Group (GWG)

Struck in September 2014, and led by the Board Chair, the mandate of the GWG is to verify that the Association is structured for future success in terms of member inclusiveness and participation. The GWG is expected to report in the spring of 2015.

New Website

To provide a better member experience and to improve our interface with the public and the media, the CPA is building a new website. The website will be tested with select member groups before going live in 2015.

Communications

This is the key to everything we do. If you don't know what the CPA is focused on, how can you value what the Association does? With this mind, the CPA is reviewing its current communication vehicles.

TABLE 4
Focused on our Future...Residents

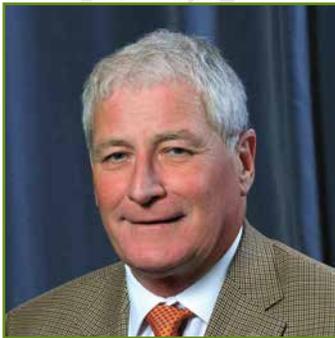
Residents are the future of the profession and the Association. Their support and engagement is essential to our long-term success. CPA engages and provides value to our residents through:

- A Member-in-Training (MIT) Section that works closely with the Membership Affairs Committee.
- Representation on CPA Committees and the CPA Board of Directors
- The opportunity for MIT leaders to participate in the CPA Lobby Day.
- Significant discounts on CPA membership and the CPA Annual Conference fees.
- Eligibility to apply for bursaries to attend the CPA Annual Conference.
- A resident's e-newsletter, Resident Psych-e.
- The Junior Investigator Research Colloquium, first launched at the 2014 CPA Annual Conference
- A trainee exchange to attend the Annual Conference of the UK Royal College of Psychiatrists.
- Resident meetings organized as a component of the CPA President's visits to the provincial psychiatric associations.

CPA Board of Directors

The CPA Executive Committee and Board of Directors are the twin engines that propel the Association forward. It is their dedication to the profession and their collective wisdom that has allowed the Association to navigate some challenging issues this past year while also seeing opportunity. The members of the 2013-2014 Board were:

EXECUTIVE COMMITTEE 2013-2014



Dr. Michael Teehan
President (Atlantic)



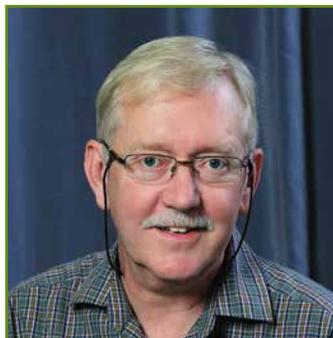
Dr. Padraic Carr
President-Elect (Alberta)



Dr. Suzane Renaud
Past-President (Quebec)



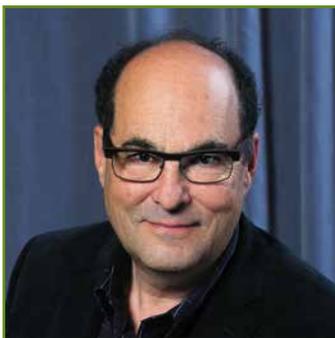
Dr. Don Addington
Board Chair



Dr. Ted Callanan*
Secretary-Treasurer



Dr. Fiona McGregor
(British Columbia)



Dr. Stanley Yaren*
(Prairies)



Dr. Sonu Gaiid
(Ontario)

**Completed their term as of September 2014*

BOARD OF DIRECTORS 2013-2014



Dr. Cynthia Slade
Newfoundland



Dr. Rob Jay
Prince Edward Island



Dr. Rachel Morehouse
New Brunswick



Dr. Renuka Prasad
Saskatchewan



Dr. Jason Bond
Director-In-Training



Dr. Stephanie Magnan
Director-In-Training



Dr. Barinder Singh
Director-In-Training



Dr. Deborah Elliott*
Chair, Council of Provinces



Dr. Johann Brink
President, Canadian Academy
of Psychiatry and the Law



Dr. Mark Rapoport
President, Canadian Academy
of Geriatric Psychiatry



Dr. Chris Wilkes
President, Canadian Academy of
Child and Adolescent Psychiatry

** Completed their term as of
September 2014*

The following individuals joined the board as of September 2014 or assumed a new position on the 2015 Board:

Dr. Padraic Carr
President, (Alberta)
Dr. Sonu Gaind
President-Elect (Ontario)

Dr. Fiona McGregor
Secretary-Treasurer (British Columbia)

Dr. Renuka Prasad
Executive Member (Prairies)
Dr. Jitender Sareen
Board Member (Manitoba)

Dr. Nachiketa Sinha
Chair, Council of Provinces

Dr. Chris Wilkes
Chair, Council of Academies
Dr. Michael Butterfield
Director-in-Training

Essential to the deliberations of the Board are the Chairs of the councils, committees, working groups and sections who provide sage advice and identify upcoming issues.

Council of Provinces

Dr. Deborah Elliott

Council of Academies

Dr. Johann Brink

Advocacy Committee

Dr. Michael Teehan

Continuing Professional Development Committee

Dr. Nancy Brager

Annual Conference Program Subcommittee

Dr. Glendon Tait and Dr. Nancy Brager

International CPD Conference Subcommittee

Dr. Gary Chaimowitz

CPA-CPD Institute

Dr. Susan Abbey

Economics Committee

Dr. Sonu Gaiind

Education Committee

Dr. Jodi Lofchy

Membership Affairs Committee

Dr. Stanley Yaren

Research Committee

Dr. Jitender Sareen

Professional Standards and Practice Committee

Dr. Doug Urness

Editorial Board of The Canadian Journal of Psychiatry, Editor-in-Chief

Dr. Joel Paris

Canadian Psychiatry Aujourd'hui, Interim Physician Editor

Dr. Michael Teehan

Members-in-Training Section Executive

Dr. Barinder Singh

Governance Working Group

Dr. Don Addington

CPA-CFPC Shared Care Working Group

Dr. Nick Kates

Stigma-Discrimination Working Group

Dr. Manon Charbonneau

World Psychiatric Association Zone Representative

Dr. Donna Stewart

CMA Canadian Physician Health Institute

Dr. Jordan Cohen

SECTION CHAIRS

Addiction Psychiatry

Dr. David Crockford

Child and Adolescent Psychiatry

Dr. Chris Wilkes

Community Psychiatry

Dr. Sharon S. Levine and

Dr. Warren Steiner

Developmental Disabilities

Dr. Robin Brooks-Hill and

Dr. Donna Loughheed

Forensic Psychiatry

Dr. Gary Chaimowitz

Global Mental Health

Dr. Raymond Tempier

History and Philosophy of Psychiatry

Dr. Denis Morrison

Indo-Canadian

Dr. Satish Shrikhande

Members-in-Training and Fellows

Dr. Jason Bond

Military and Veterans

Col. Rakesh Jetly and

Dr. Donald Richardson

Native Mental Health

Dr. Doug Marr

Neuropsychiatry

Dr. Edward Gerard Gordon

Psychopharmacology

Dr. Irvin Epstein

Psychosomatic Medicine

Dr. Peter Chan

Psychotherapy

Dr. Jacqueline Lee Kinley

Telepsychiatry, Media, and Informatics

Dr. John Copen

Transcultural Psychiatry

Dr. Laurence Kirmayer

A Powerful Lineup

We hope that this year's Report to Members has given you a clear understanding of what the CPA does and why. In the spirit of transparency and accountability, it is essential that you know what the Association is doing on your behalf.

The CPA undertakes many activities to warrant your membership dollar. But we understand that earning your trust and support is an annual event. We want to hear from you. Tell us if we're on the right track or if we need to stop and reconsider our priorities. Send us your feedback at president@cpa-apc.org

CPA

Membership Matters

- Leading-edge professional development to support improved quality of care
 - A three-day annual conference
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- National voice that speaks for psychiatry and mental health
- Celebrates member excellence with awards, grants and fellowship designations

INFORMATION:

membership@cpa-apc.org

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Canadian Psychiatric Association
Association des psychiatres du Canada