



Canadian Psychiatric Association

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Association des psychiatres du Canada

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Speaker Profiles
21st International CPD Conference
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Celebrity Constellation, Abu Dhabi to Singapore



Dr. Phil Tibbo

Dr. Tibbo received his B.Sc. (Hons) from Mount Alison University in Sackville, NB, and his MD from Memorial University of Newfoundland. He completed his residency in psychiatry at the University of Alberta, and following this joined the staff at the University of Alberta Hospital as a clinician and researcher. He was instrumental in the development of and co-directed both the Bebensee Schizophrenia Research Unit and the Edmonton Early Psychosis Intervention Clinic.

In 2008 Dr. Tibbo was named the first Dr. Paul Janssen Chair in Psychotic Disorders, an endowed research chair, at Dalhousie University in Halifax, NS. He is a Professor in the Department of Psychiatry with a cross-appointment in Psychology at Dalhousie University and an Adjunct Professor in Department of Psychiatry at the University of Alberta. He is also Director of the Nova Scotia Early Psychosis Program (NSEPP) and co-director of the Nova Scotia Psychosis Research Unit (NSPRU).

Dr. Tibbo's publications are primarily in the area of schizophrenia, and his current foci of study include individuals at the early phase of, and individuals at risk for, a psychotic illness. Dr. Tibbo's areas of research include application of *in vivo* brain neuroimaging techniques to study psychosis as well as research interests in co-morbidities in schizophrenia, psychosis genetics, addictions and psychosis, stigma and burden, pathways to care, education, and non-pharmacological treatment options. He is President of the Canadian Consortium for Early Intervention in Psychosis (CCEIP), helping to advance early intervention care at the national level. He is funded by local and national peer reviewed funding agencies and well published in leading journals. Dr Tibbo is a recipient (2015) of the Michael Smith Award from the Schizophrenia Society of Canada for research and leadership in schizophrenia and more recently the recipient of the Canadian Alliance on Mental Illness and Mental Health's Champion of Mental Health Research/Clinician award in 2017.



Dr. Mamta Gautam

Dr. Mamta Gautam is a psychiatrist at The Ottawa Hospital, an Assistant Professor in the Department of Psychiatry at the University of Ottawa, a certified coach, and President and CEO of PEAK MD. She is a pioneer in the area of physician health and well-being, and has been hailed as "The Doctor's Doctor". She served as the Founding Director of the University of Ottawa Faculty Wellness Program, the Canadian Medical Association's Centre for Physician Health, and the Founding Chair of the International Alliance for Physician Health, successfully expanding her vision of physician health from a local to a national and international platform. An internationally renowned consultant, researcher, speaker and author in the areas of physician health and physician leadership, she is the recipient of numerous prestigious awards for her innovative work in physician health.



Dr. Kiran Rabheru

Kiran is a full Professor of Psychiatry at the University of Ottawa. In 2014, he was certified as a subspecialist in Geriatric Psychiatry by the Royal College of Physicians and Surgeons of Canada. Also in 2014, he was recertified as a geriatric psychiatrist by the American Board of Psychiatry and Neurology. Currently at The Ottawa Hospital, he serves as Medical Director of the Geriatric Psychiatry and ECT Program, as well as the Behavioural Support Team.

Kiran obtained his MD at UWO in 1980, completed a rotating internship at Victoria Hospital in London, Ontario, and enjoyed his career as a general practitioner for five years, which he maintains has grounded him in “real life medicine.” He became certified in Family Medicine in 1987 and obtained Fellowship in the College of Family Physicians of Canada in 2004.

Kiran has been passionate and committed to serving the elderly throughout his career. He is recognized nationally and internationally as a Founder of the subspecialty of Geriatric Psychiatry. He is the recipient of Outstanding Achievements in Geriatric Psychiatry in Canada award by the Canadian Academy of Geriatric Psychiatry (CAGP). Kiran has served as President of the CAGP and the Board of the Canadian Psychiatric Association (CPA) for four years. Currently he serves on the Ontario Medical Association’s (OMA) General Council, the OMA Health Policy Seniors Care Working Group, and as of October 2016, is the co-leader of the Canadian Coalition of Seniors Mental Health (CCSMH) and a member of the Board of Directors of the International Longevity Centre (ILC), Canada.



Dr. Suzanne Allain

Dr. Allain is a psychiatrist in Thunder Bay where she directs a psychiatric rehab program and does consultation-liaison (CL) work. She is originally from Toronto and attended medical school at the University of Toronto and completed her psychiatry residency at the University of British Columbia, graduating in 1993. She has academic appointments at the University of Toronto as well as Western University, McMaster University and the Northern Ontario School of Medicine (NOSM). Dr. Allain is the clerkship lead for psychiatry at NOSM and is on the Board of the Physician Clinical Teachers Association of NOSM. She has done extensive teaching of medical students and residents as well as continuing medical education (CME) with local and national physicians, including on prior cruises and has been on local as well as provincial CME committees.

Dr. Allain is the chair of the Ontario Psychiatric Hospitals Medical Interest Group of the Ontario Medical Association.