

2018

ANNUAL REPORT



Canadian Psychiatric Association
Dedicated to quality care

Association des psychiatres du Canada
Dévouée aux soins de qualité

ABOUT US

Incorporated in 1951, the Canadian Psychiatric Association (CPA) is the national voluntary professional association for Canada's 5,200 licensed psychiatrists and over 900 residents. The CPA serves a membership of 2,205 Canadian psychiatrists, 558 residents, trainees and medical students, and 74 individual affiliates and 2 corporate affiliates.

OUR VISION

A strong profession for a healthy population.

OUR MISSION

As the national voice of Canadian psychiatrists, the CPA advocates for the professional needs of its members and promotes excellence in education, research and clinical practice.

OUR STRATEGIC FOCUS

In 2014, the CPA identified five strategic objectives to guide its activities over the course of the last 5 years.

- ▶ *The CPA is the leading voice and trusted source or reliable clinical information.*
- ▶ *The CPA is the leader on public policy issues related to the role of psychiatry and the future of mental health care in Canada.*
- ▶ *The CPA is a strategic partner of choice.*
- ▶ *The CPA has a compelling value proposition that inspires psychiatrists to join and participate.*
- ▶ *The CPA is a high performing organization with exceptional talent and a strong financial base.*

AREAS OF ACTIVITY

To meet these objectives, the CPA organized its activities under three pillars.

▶ A NATIONAL VOICE

The CPA is the national voice for psychiatry on issues of professional concern and in matters of public policy.

▶ DEDICATED TO QUALITY PATIENT CARE AND OUTCOMES

The CPA provides members with leading-edge knowledge to support clinical decision-making throughout their career.

▶ MEMBER ENGAGEMENT

CPA is a dynamic and responsive organization that engages members to meet their needs and expectations throughout their professional life cycle.

For more information on CPA activities, visit our website at www.cpa-apc.org.

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Message from the **PRESIDENT AND PAST-PRESIDENT**



*Dr. Wei-Yi Song, President
(2018–2019)*

We are delighted to present the Canadian Psychiatric Association's 2018 Annual Report. Once you have read its contents, I hope that you will be inspired to not only renew your membership, but encourage colleagues to do the same.

Over the past year, we have had the pleasure of watching the CPA truly come into the spotlight as trusted leaders in mental health. Our community has come together and showed determination and a shared sense of purpose, working effectively as a unified voice for change.

Our staff and volunteers have worked tirelessly to raise the voice and profile of the CPA, advancing the views of the profession in a number of areas, but particularly, cannabis legalization; federal funding for mental health research and innovations; improved access to care, earlier diagnosis and treatment; and the availability of appropriate community services and supports. We have moved from having a seat at the table to helping set the agenda.

As we move forward to 2019 and beyond, we are proud of what the CPA accomplished in 2018 and excited about the future. The psychiatric community is strong and vibrant, and together we will continue our efforts to make mental health a priority investment area for the federal government and ensure better access to quality care and appropriate community services and supports.



*Dr. Nachiketa Sinha, Past-President
(2017–2018)*

It is a distinct honour and privilege to represent the profession and meet many of you. We would like to thank the Board for its leadership, support and encouragement, and we look forward to CPA's continued growth and success in 2019.

In closing, we would like to sincerely thank members for their continued support of the CPA. I welcome any thoughts you have about our strategic focus and how we can better meet your needs. We can be reached at president@cpa-apc.org.

Best regards,

A handwritten signature in black ink, appearing to read 'Nachiketa Sinha'.

Nachiketa Sinha, MBBS, MBA
Past-President

A handwritten signature in black ink, appearing to read 'Wei-Yi Song'.

Wei-Yi Song, MD, FRCPC
President

Message from the **CHAIR AND CEO**



Dr. Pamela Forsythe, Chair



Ms. Katie Hardy, CEO

It gives us great pleasure to look back at what the Canadian Psychiatric Association accomplished in 2018. It was a productive year that saw CPA expand its advocacy initiatives, boost member engagement and stabilize its balance sheet.

This year in advocacy CPA focused on a number of fronts. With the legalization of cannabis in October 2018, CPA remains active on this file with a position statement on mental health implications of cannabis legalization on youth and young adults, partnerships with Drug Free Kids Canada and/or endorsements with the Association des médecins psychiatres du Québec on public education campaigns, as well as CPA representation on advisory councils and witness panels to parliamentary committees.

The CPA appeared before the House of Commons Standing Committee on Public Safety and National Security to discuss the treatment of people with mental illness in prisons, specifically around proposed changes to rules around administrative segregation. The CPA also made recommendations to the Senate Committee on Social Affairs, Science and Technology for their study on the status of child and youth mental health. We have played, and will continue to play, a critical role in contributing to mental health policy and advancing the interests of Canadian psychiatrists.

Consistent with our emphasis on member engagement and supporting psychiatrists throughout their professional life cycle, the CPA continues to provide outstanding continuing professional development and has restructured its governance framework making it easier for members to get involved in more committees and working groups.

We are also pleased to report the continued turnaround with CPA's financial situation. In the face of declining revenue streams over the last few years we have had to adapt and make changes to our business model and practices. While we have made substantial progress, more needs to be done. The Board, Executive and staff will continue to address these challenges and make decisions toward a stable balance sheet.

Finally, we would like to thank our partner organizations for their continued support and solidarity this past year. We would also like to thank our member volunteers and CPA staff for their unwavering dedication and look forward to the year ahead.

If you have any questions or comments regarding the directions set by the Board of Directors and Executive Committee, please contact us at chair@cpa-apc.org or ceo@cpa-apc.org.

Yours sincerely,

Pamela Forsythe, MD, FRCPC, DFCPA
Board Chair

Katie Hardy
CEO

ADVANCING THE AGENDA



No other organization represents the range and complexity of issues in psychiatry and engages decision-makers and the public on a regular basis. This year was a busy one for the CPA as it focused its activities on advocating for greater investment in mental health initiatives and improved mental health policy, collaborating on public education efforts, and providing leadership on matters that affect psychiatric practice. Below is a snapshot of our advocacy efforts over the past year.

► INCREASED INVESTMENT IN MENTAL HEALTH

In its pre-budget 2019 consultations, CPA urged the federal government to designate additional resources to improve access to mental health care, to support increased research, and to track progress on mental health indicators. A two per cent increase would translate to an additional investment of \$777.5 million annually by the federal government and CPA recommended that these additional funds be earmarked through a Mental Health Transfer to maximize accountability, transparency and impact. The CPA also called for the government to invest additional resources to support mental health research that better reflects the burden of illness. Further resources are also needed to track progress on key mental health indicators to identify gaps in care, set priorities and measure the impact of government investment.

► ACTION ON CANNABIS LEGALIZATION

Psychiatrist and mental health researcher Dr. Phil Tibbo appeared before the Senate Committee on Social Affairs, Science and Technology examining Bill C-45, the act that set the course for cannabis legalization by the summer of 2018. Representing the CPA, Dr. Tibbo made several recommendations to the committee, most notably that Canadians should not be legally allowed to use marijuana until the age of 21, and that legislation should restrict the quantity and potency of the drug until they are 25. Dr. Tibbo was the principal author on CPA's 2017 position statement, *Implications of Cannabis Legalization on Youth and Young Adults*. He also underscored the need for public education targeting youth and young adults around the effects early cannabis use can have on brain development. Dr. Robert Milin was also present, speaking on behalf of the Canadian Academy of Child and Adolescent Psychiatry. Dr. Tibbo now represents CPA on the Mental Health Commission of Canada's (MHCC) Cannabis and Mental Health Executive Advisory Committee.



► INTERVENTIONS IN CHILD AND YOUTH MENTAL HEALTH

Child psychiatrist and former CPA Board member, Dr. Chris Wilkes appeared before the Senate Committee on Social Affairs, Science and Technology examining the status of child and youth mental health in Canada. Representing the CPA, Dr. Wilkes made several recommendations to the committee, most notably that greater investment is needed in child and youth mental health, particularly in the areas of early intervention and improved access to appropriate, evidence-based treatments. He also underscored the need for improved data collection to inform policy decisions, increased access to services at the primary and community care level, and support for the spread and delivery of cost-effective, evidence-based mental health promotion, prevention and early intervention programs for at risk youth as well as those transitioning to adulthood. Dr. Sophia Hrycko, member of the CPA's Board of Directors, was also present speaking on behalf of the Canadian Academy of Child and Adolescent Psychiatry in her capacity as academy past-president.

► TREATMENT OF PEOPLE WITH MENTAL ILLNESS IN PRISONS

The CPA was invited by the Standing Committee on Public Safety and National Security to comment on Bill C-83, an act proposing changes to rules around administrative

segregation in the correctional system. Dr. Joel Watts, CPA board member and president of the Canadian Academy of Psychiatry and the Law made several recommendations to the committee on behalf of the CPA, most notably around the overuse of seclusion, the overall conditions of segregation, and the low staffing numbers of mental health professionals involved in day-to-day contact with individuals in seclusion. He also underscored the need to mandate frequent monitoring and review of an individual's seclusion by trained mental health professionals and ensure adequate funding to recruit and train appropriate staff and create optimal physical environments where seclusion is to be carried out.



CPA IN THE MEDIA

[Media guide for suicide reporting stresses need for context to prevent 'contagion'](#)

(CityNews (Toronto), March 12, 2018)

[Mental health wait times missing targets in PEI](#) (CBC News, March 28, 2018)

[Suicide coverage an opportunity to help](#) (Globe and Mail, June 8, 2018)

[Opinion: Quebecers with mental health issues are still waiting](#)

(Montreal Gazette, October 4, 2018)

[What Canada's doctors are concerned about with marijuana legalization](#)

(Globe and Mail, October 9, 2018)

[Cannabis IQ: Almost half of Canadian users say they use daily. Here's why regular use is risky](#) (Global News, October 15, 2018)

[Ottawa, medical associations at odds on Day 1 of legal cannabis](#)

(Montreal Gazette, October 17, 2018)

[Dr. Derryck Smith: BC government unethical to deny patients the right to buy private care when public system fails to address their suffering](#)

(Vancouver Sun, November 2, 2018)

[Dalhousie's Dr. Stan Kutcher appointed to Senate](#)

(Halifax Today, December 12, 2018)



▶ CANADIAN ALLIANCE ON MENTAL ILLNESS AND MENTAL HEALTH

Each year during Mental Illness Awareness Week (MIAW), members of the Canadian Alliance on Mental Illness and Mental Health (CAMIMH), of which CPA is a founding member, meet with Members of Parliament and Senators to discuss the federal government's role in supporting and investing in mental health. This coincides with the annual launch of the *Faces of Mental Illness* campaign, which recognizes five Canadians living with mental illness. CPA president, Dr. Wei-Yi Song, and CEO, Ms. Katie Hardy, met with a number of MPs and Senators to reinforce the need for federal leadership on such an important national issue. The CPA also continues to work with CAMIMH towards advocating for more federal government investment in services, innovations and indicators that would improve the mental health care system.



CPA NEWS RELEASES

[CPA releases update to guidelines for responsible media reporting on suicide](#) (March 8, 2018)

[CPA seeks to dispel the myth linking violence and mental illness in the wake of Toronto shooting](#) (July 26, 2018)

[Canadian psychiatrists welcome new president, Dr. Wei-Yi Song](#) (September 28, 2018)

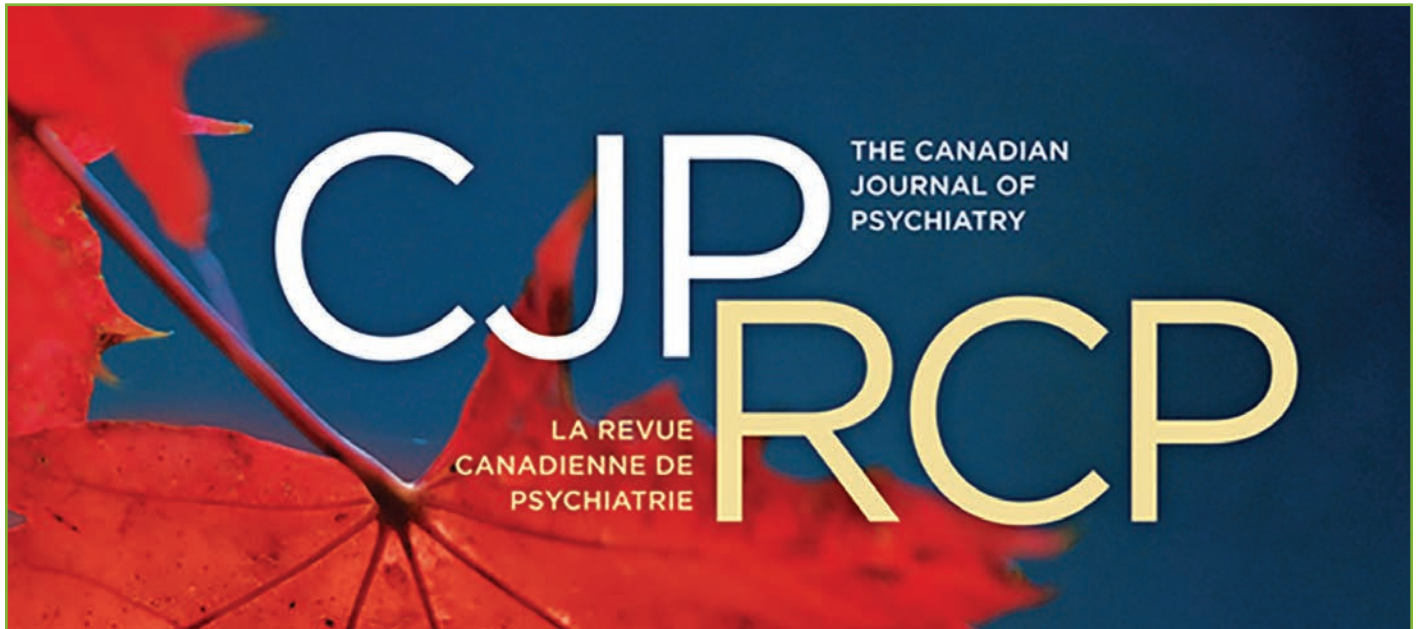
[CPA president uses his commendation to recognize all psychiatrists in Canada](#) (September 29, 2018)

[Psychiatrists recognize outstanding contributions to mental health at their Annual Conference](#) (September 30, 2018)

[CPA announces the release of the CAF Clinician Handbook on Suicide Prevention in partnership with the Canadian Armed Forces](#) (October 3, 2018)

[Psychiatrists remind Canadians to consider mental health implications of recreational cannabis use on youth](#) (October 17, 2018)

EMPOWERING PSYCHIATRISTS



Our focus is to promote the highest quality care and treatment for persons with mental illness as well as to advance and represent the profession of psychiatry through education and clinical research. We do this by offering high-quality CPD programs for psychiatrists and other health professionals, and by developing the resources you need to successfully navigate the shifting landscape of psychiatric practice and mental health policy in Canada.

► *THE CJP*

Established in 1956, *The Canadian Journal of Psychiatry* (*The CJP*) is the official journal of the Canadian Psychiatric Association. Publishing 12 issues a year, *The CJP* contains original, previously unpublished, peer-reviewed scientific articles related to all aspects of Canadian and international psychiatry. While it is now published by SAGE, the largest independently-owned publisher in the world, *The CJP* continues to attract submissions from esteemed researchers and academics. Recent issues of *The CJP* tackled important issues such as major depressive disorder, men's mental health, suicide and community treatment orders.

► FOUNDATION OF THE CPA

The Board of Trustees has revised the Foundation's strategic priorities to invest in projects focused on quality care, public education, lifelong learning and innovative practices in psychiatry. The next step is to raise the Foundation's profile with members and others to increase contributions and expand its capacity to support projects.

BOARD OF TRUSTEES

- Dr. Pam Forsythe, CPA Board Chair, Chair of the Foundation
- Dr. Yanbo Zhang, Secretary-Treasurer
- Dr. Sonu Gaind
- Dr. Taryn Hearn
- Dr. M.S. Renuka Prasad
- Dr. Georgina Zahirney



▶ CPA JUNIOR INVESTIGATOR RESEARCH COLLOQUIUM

Seventeen outstanding young investigators were invited to attend CPA's fourth annual Junior Investigator Research Colloquium in Toronto. The Colloquium provides guidance, mentorship and encouragement to young investigators in the early phases of their training. The popular program allows junior investigators to obtain feedback about their past, present and future research from mentors who are tops in their field in a small group setting as well as participate in plenary sessions about career development and grantsmanship.



CPA DOCUMENTS PUBLISHED IN 2018

[Media Guidelines for Reporting on Suicide: 2017 Update of the Canadian Psychiatric Association Policy Paper](#)

[Canadian Armed Forces Clinician Handbook on Suicide Prevention](#)

[Crossing your "Ts": CPA's Top Ten Tips to Transition to Practice](#)

[Use of Placebo in Clinical Trials of Psychotropic Medication](#)

[International Medical Graduates in Psychiatry: Cultural Issues in Training and Continuing Professional Development](#)

[Quality Review in Psychiatry](#)

SUPPORTING MEMBERS

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The CPA values and supports its members through all stages of their career. Not only do we advocate for you at the federal government level on issues that affect you and your patients, but we also offer you opportunities for professional development through our CPA Annual Conference, CPD Institute Programs and International CPD Conference, as well as opportunities for professional recognition and engagement through volunteer positions in our councils, committees and working groups (CCWGs).

► ANNUAL CONFERENCE

The city of Toronto was a vibrant venue for the 68th CPA Annual Conference. Just over 1,000 delegates passed through registration to take in everything from workshops and courses, to symposia and paper sessions. This year's keynote plenary sessions included debate and discussion on topical issues, such as technology and the future of mental health, mental health in military, veterans and public safety personnel, medical assistance in dying, and cannabis and mental health. The week ended with a fun-filled and theatrical President's Gala, hosted by emcees Dr. Marie Claire Bourque and Dr. Michael Butterfield, and with entertainment reminiscent of a stage production of The Lion King. It was also the night the CPA officially welcomed its new president, Dr. Wei-Yi Song, and honoured colleagues recognized for their outstanding contributions to psychiatry and mental health. With the 68th being so memorable, one can only imagine what's in store for the 69th Annual Conference, September 12 to 14, 2019, in a brand new locale for the CPA – Quebec City!







► CONTINUING PROFESSIONAL DEVELOPMENT

Quality care and continuing professional development (CPD) are priorities for the CPA. We are well-positioned to provide timely access to leading-edge clinical information that supports decision-making and improved patient outcomes. To better serve members, we continually review, evaluate and improve the products and services we offer.

INTERNATIONAL CPD

ICPD 2018 was held on board the *Celebrity Constellation* cruise ship and departed from Abu Dhabi, UAE, for a 13-day cruise through India and parts of Southeast Asia. Esteemed faculty included Dr. Phil Tibbo, prominent researcher and clinician in the area of schizophrenia and early psychosis intervention; Dr. Mamta Gautam, pioneer in the area of physician health and well-being; Dr. Kiran Rabheru, internationally renowned geriatric psychiatrist; and Dr. Suzanne Allain, notable educator of medical students and CME for physicians.

A CPD conference was also held in Alaska in August 2018. Dr. Jon Davine and Dr. Tom Hastings were among the faculty presenting on such topics as improving schizophrenia care, reviewing the landscape of antipsychotic medications and evaluating Health Quality Ontario's standards of care for depression, dementia and schizophrenia. The CPA Alaska

Conference departed from Vancouver for a 7-night Alaskan excursion that stopped in Sitka, Hubbard Glacier, Juneau and Ketchikan.

CPD INSTITUTE PROGRAMS

The CPA's CPD Institute returned with its popular series, *Innovations in Psychiatric Care: From Neuron to Clinical Practice* in June 2018. Since its inception, CPA's CPD Institute has become the leading provider of credible, independently-developed, fully-accredited education for Canadian mental health professionals. Sessions were held in Vancouver, Montreal and Toronto. With a faculty featuring acclaimed Canadian academics and researchers, including Dr. Alain Lesage, Dr. Don Addington, Dr. Pierre Blier and Dr. Kenneth Fung, the program provides psychiatrists with the latest advances in neuroscience and its practical application to improving clinical decision-making.

CPA AWARD WINNERS AND FELLOWS

A special congratulations to CPA award winners and new CPA Fellows:

*C.A. Roberts Award for
Clinical Leadership*

DR. LISA GAGNON

*J.M. Cleghorn Award for
Excellence and Leadership
in Clinical Research*

DR. WILLIAM HONER

*Paul Patterson
Innovation in Education
Leadership Award*

DR. SAGAR PARIKH

*Early Career Achievement
in Psychiatry Award*

DR. ALAN BATES

R.O. JONES AWARD FOR BEST PAPERS



1ST PLACE

Zenovia Ursuliak
Jad Sinno
Flint Schwartz
Lisa Corra
Amanda Sockett
Michelle Paul
Ingrid Waldon
Amy Bombay



2ND PLACE

Sanjay Rao



3RD PLACE

Jennifer Hensel
Mariette Chartier
Okechukwu Ekuma
Leonard MacWilliam
Natalie Mota
Richardson Tachere
Chelsey McDougall
James Bolton

BEST RESEARCH POSTER AWARDS



1ST PLACE

Julia Longenecker
Tony George
Peter Voore
Michael Bagby
Kwame McKenzie
Bruce Pollock
Lena Quilty



2ND PLACE

Anees Bahji



3RD PLACE

Ling Zeng
Robert Zipursky

BEST EARLY INVESTIGATOR POSTER AWARDS



1ST PLACE

Kaitlin Patrick
Candice Luo
Nikhita Singhal
Nitika Sanger
Douglas Chung
Stephanie Sanger
Lehane Thabane
Zainab Samaan



2ND PLACE

Shaina Archer
Carson Chrenek
Jennifer Swainson



3RD PLACE

Irina Miahescu

2018 DISTINGUISHED FELLOWS OF THE CPA

DR. PATRICK CONLON

DR. DIANA KLJENAK

DR. BIJU MATHEW

DR. MARK RAPOPORT

2018 FELLOWS OF THE CPA

DR. LISA ANDERMANN

DR. RICHARD MONTORO

DR. PETER CHAN

DR. M.S. RENUKA PRASAD

DR. KARINE IGARTUA

DR. ADRIENNE TAN

COUNCILS, COMMITTEES AND WORKING GROUPS

The CPA has a number of councils, committees and working groups (CCWGs) that have been created to support the mission and strategic focus of the organization, and reports directly to the Board of Directors.

Information on members, mandates and activities for each CCWG is available on the [members only website](#).

Councils

- ▶ Council of Academies
 - ▶ Council of Psychiatric Associations
-

Committees

- ▶ Continuing Professional Development
 - ▶ Economics
 - ▶ Education
 - ▶ Membership Affairs
 - ▶ Professional Standards and Practice
 - ▶ Public Policy
 - ▶ Research
-

Subcommittees

- ▶ Annual Conference Program
 - ▶ Clinical Practice Guidelines
 - ▶ CPD Institute
 - ▶ International CPD
 - ▶ Member-in-Training
 - ▶ Practice Research Network
-

Working Groups

- ▶ CFPC-CPA Collaborative Working Group on Shared Mental Health Care
 - ▶ Choosing Wisely Working Group
 - ▶ Early Career Psychiatrist Working Group
-

WHO WE ARE

BOARD OF DIRECTORS

As a national association, the CPA is governed by a provincially-representative Board of Directors that also includes members-in-training (residents), an early career psychiatrist and recognized subspecialty psychiatry academies. The Board is a voluntary body that governs the CPA's affairs, including its assets, funds and property, and provides overall guidance by setting policy, goals and directions that support and further CPA's objectives.

*Executive Committee



DR. WEI-YI SONG*

*President
Director, British Columbia*



DR. PAMELA FORSYTHE*

Board Chair



DR. NACHIKETA SINHA*

*Past-President
Director, New Brunswick*



DR. GEORGINA ZAHIRNEY*

*President-Elect
Director, Quebec*



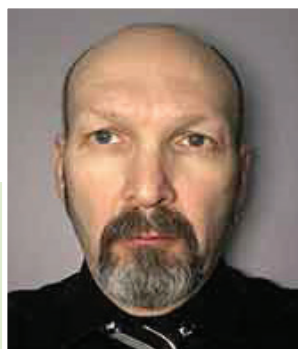
DR. YANBO ZHANG*

*Secretary-Treasurer
Director, Saskatchewan*



DR. ARLIE FAWCETT*

Director, Alberta



DR. JAMES SIMM

Director, Manitoba



DR. SONU GAIND*

Director, Ontario



DR. RISK KRONFLI

*Director,
Nova Scotia*



DR. SUSAN STEWART

*Director,
Prince Edward Island*



DR. TARYN HEARN

*Director, Newfoundland
and Labrador*



DR. JOEL WATTS

*Director, Canadian Academy
of Psychiatry and Law*



DR. DALLAS SEITZ

*Director, Canadian Academy
of Geriatric Psychiatry*



DR. SOPHIA HRYCKO

*Director, Canadian Academy
of Child and Adolescent
Psychiatry*



**DR. MARIE CLAIRE
BOURQUE**

*Director, Early Career
Psychiatrist*



DR. AMANDA DEGENHARDT

Director-in-Training



DR. HILLARY BOHLER

Director-in-Training

SPECIAL THANKS

We would also like to take this opportunity to thank our outgoing board members for their years of dedicated service to the Association. The CPA could not advance the profession without their involvement and support in strategic issues related to psychiatry and mental health. On behalf of all members, we thank the psychiatrists below for giving back!

*Executive Committee



DR. PADRAIC CARR*

Director, Alberta



DR. M.S. RENUKA PRASAD*

Director



DR. KARA DEMPSTER

Director-in-Training



DR. FATIMA ALLIBHAI

Director-in-Training

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Senior Coordinator, Membership Affairs

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Coordinator,

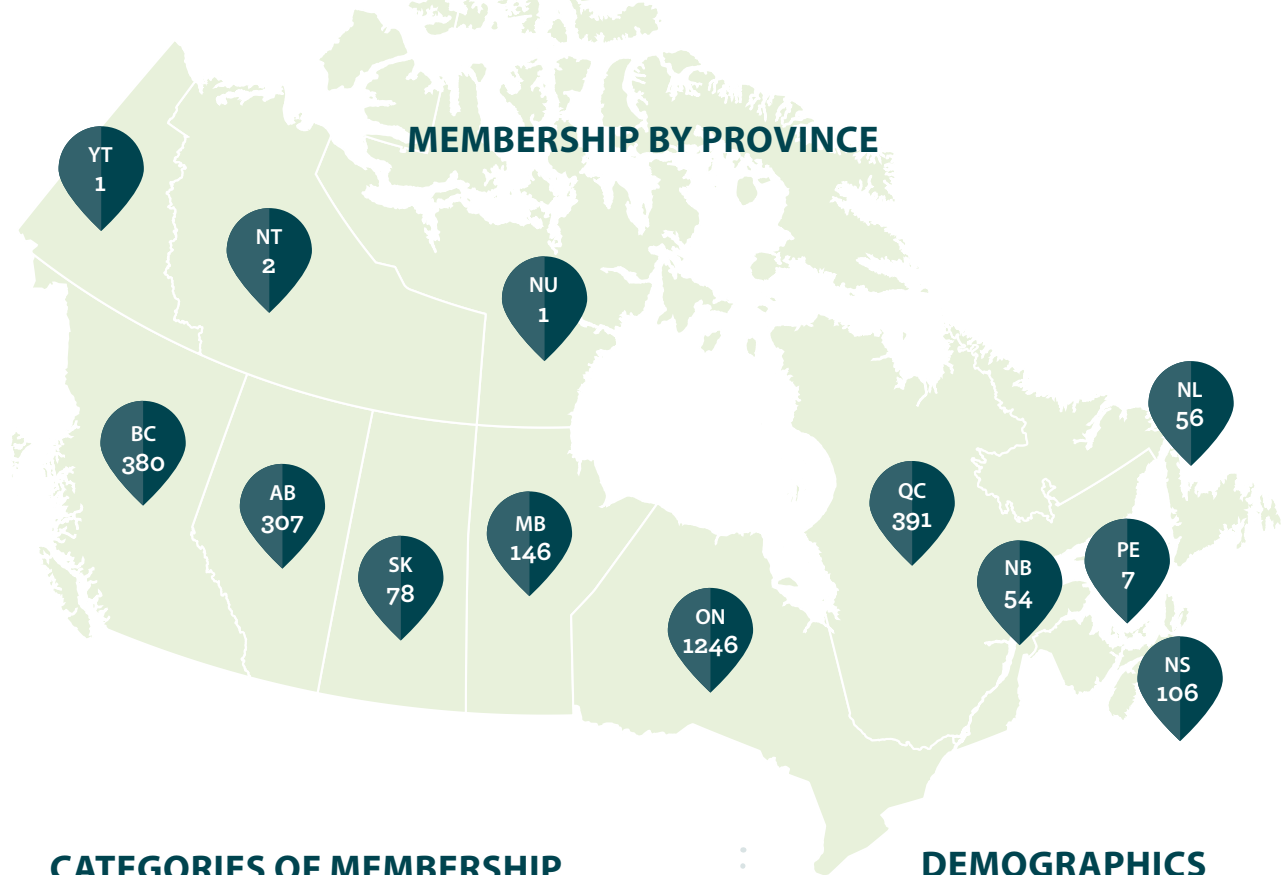
Continuing Professional Development

cpd@cpa-apc.org

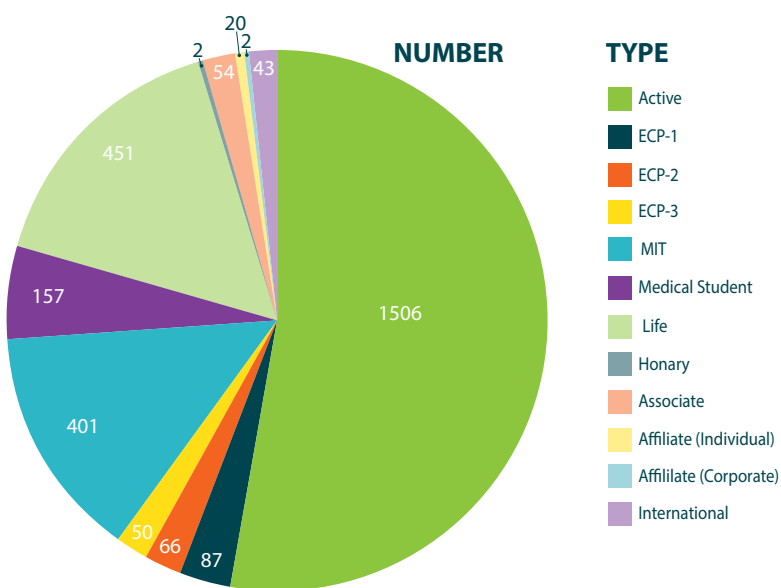
OUR MEMBERS

BY THE NUMBERS: MEMBERSHIP

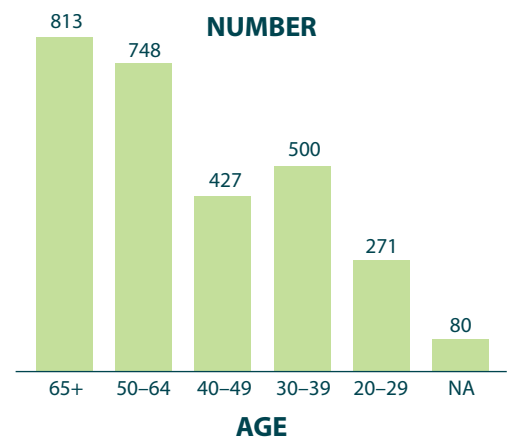
CPA represents **2,839** members and affiliates



CATEGORIES OF MEMBERSHIP



DEMOGRAPHICS



ORGANIZATIONAL AFFILIATES



In 2017, CPA welcomed two new members through its newly created affiliate organization category, Organizational Affiliate: **Lundbeck Canada** and the **Royal Ottawa Mental Health Care Group**. The new category was created to recognize organizations that identify mental health as a strategic priority, and want to collaborate with the CPA to improve the mental health of Canadians. Organizational Affiliates have no voting privileges. Their affiliation with CPA in no way implies the association's endorsement or support of the organizational affiliates positions and/or policies. It also in no way implies an organizational affiliate's endorsement or support of the CPA's position and/or policies.

AFFINITY BENEFITS

As a benefit to members and affiliates, CPA continues to add to its attractive list of affinity programs with selected suppliers of products and services.

For more information about these programs, please visit our website or contact membership at:

membership@cpa-apc.org.



STAKEHOLDER ENGAGEMENT

The CPA advocates for the profession, either alone or in concert with other organizations such as the academies, the provincial psychiatric associations, or broad-based coalitions like the Canadian Alliance on Mental Illness and Mental Health (CAMIMH) and the Health Action Lobby (HEAL).



ACADEMIES (CACAP, CAPL, CAGP, CAPM)

The CPA has a track record of working with the academies on issues such as MAID, cannabis legalization and Choosing Wisely. It has also sought to strengthen this relationship by redefining the terms of reference for the Council of Academies and exploring ways to highlight each academy's subspecialty at the CPA Annual Conference.

CANADIAN ALLIANCE
ON MENTAL ILLNESS
AND MENTAL HEALTH



ALLIANCE CANADIENNE
POUR LA MALADIE MENTALE
ET LA SANTÉ MENTALE

CANADIAN ALLIANCE ON MENTAL ILLNESS AND MENTAL HEALTH (CAMIMH)

With the release of *Mental Health Now!*, the coalition has played a key role in advocating for mental health to be part of the First Ministers' Health Accord and for increased investment in mental health innovations.



PROVINCIAL PSYCHIATRIC ASSOCIATIONS

The CPA has created the Council of Psychiatric Associations. Jointly owned by all organizations, the intent is to create a body with senior leaders of the profession to discuss issues of shared strategic interest.



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

MENTAL HEALTH COMMISSION OF CANADA

The CPA works closely with the MHCC on a range of issues (e-mental health, MAID, First Ministers' Health Accord and the development of mental health indicators). Dr. Manon Charbonneau, a CPA past-president, is an MHCC Board member.



ORGANIZATIONS FOR HEALTH ACTION (HEAL)

The CPA is part of this coalition of 41 national health care organizations representing a broad cross-section of health and professional associations. This past year, CPA was part of HEAL's lobby day where 40 meetings were held with various Senators and Members of Parliament in support of HEAL's new consensus statement, *The Canadian Way 2.0*, which follows on the heels of its 2016 statement, *The Canadian Way: Accelerating Innovation and Improving Health System Performance*.



INTERNATIONAL PSYCHIATRIC ORGANIZATIONS

The CPA is a member of the World Psychiatric Association and Dr. Sonu Gaiind is our zone representative. The CPA also meets regularly with senior officials from the American Psychiatric Association, the Royal College of Psychiatrists, and the Royal Australian and New Zealand College of Psychiatry to discuss issues of shared interest.

2018 ANNUAL REPORT

Canadian Psychiatric Association

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