



CPA ACADEMY UPDATE COURSES

AC01 - CPA Academy Update Course with Canadian Academy of Psychosomatic Medicine

Friday, 13 September

14:45 - 17:45 (3 hrs)

Joseph J Rasimas*, MD; Kathleen A Sheehan, MD, FRCPC; Adrienne Tan, MD, FRCPC

CanMEDS Roles:

1. Medical Expert
2. Health Advocate
3. Collaborator

At the end of this session, participants will be able to: 1) Apply principles of clinical pharmacology as highlighted from a toxicologic perspective in order to provide better treatments in acute hospital and outpatient settings; 2) Describe a new protocol for transplantation of patients with alcohol-related liver disease; and 3) Evaluate findings from the year's top research papers in consultation-liaison psychiatry.

This course will provide participants with an overview of current issues in consultation-liaison (CL) psychiatry, focusing on issues related to substance use. It will be useful for both general and CL psychiatrists. Dr. Rasimas will discuss the overlap between medical toxicology and psychiatry, as the vast majority of patients who present to hospital with acute toxicologic problems are in need of psychiatric consultation. He will explore three main areas: 1) substance use, addictions and mental illness, because most have been exposed to substances via their own hand – through purposeful overdose, drug misadventure, or by accident; 2) the role of medications is vital in the assessment and care of patients with delirium – a major proportion of C-L work; 3) issues of toxic exposure – suspected, fabricated, and genuine – bring individuals to outpatient settings with very complex, often chronic, psychosomatic distress. Dr. Tan will speak about a novel protocol for transplantation of patients with alcohol-related liver disease being piloted in Toronto. Dr. Sheehan will provide an overview of impactful new research papers in CL Psychiatry. Participants will have the opportunity to engage with course faculty through question-and-answer sessions and interactive activities. The course will focus on both practice and theory, so that participants can reflect on their current clinical management and how this may be modified for improved process and patient outcomes based on current best practices.

AC02 - CPA Academy Update Course with Canadian Academy of Psychiatry and the Law: Introduction to Forensic Psychiatry:

Elementary Concepts and Beyond

Friday, 13 September

14:45 - 17:45 (3 hrs)

Dominique Bourget*, MD, FRCPC; Gary Chaimowitz, MD, FRCPC; Fabien Gagnon, MD, DPsy, DESS, CSPQ, FRCPC, FCFP, DLFAPA, DFCPA, FAPM

CanMEDS Roles:

1. Medical Expert
2. Professional
3. Communicator

At the end of this session, participants will be able to: 1) Acquire knowledge on the basics of forensic psychiatry, including ethical issues, such as confidentiality and consent; 2) Have a better understanding of the various forensic psychiatry assessments, such as fitness to stand trial and criminal responsibility; and 3) Have a better understanding of malpractice and liability as it relates to tort law.

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This popular course will allow participants to review basic notions of forensic psychiatry in a dynamic and flexible format to meet their educational needs and curiosity. We will review the essentials of forensic psychiatry through educational slides, vignettes and anecdotes, and the relevant case law. The course is divided into five interrelated parts, covering the following essential areas of forensic psychiatry: Introduction to the most important functions of forensic psychiatry, confidentiality and privilege, psychiatrists in the court room, consent and capacity, and civil forensic psychiatry.

Course Components:

1. Introduction to Forensic Psychiatry - Important landmark cases in Canada; Fitness to stand trial and associated legal principles; Noncriminal responsibility; Intoxication; Witnesses and credibility; Assessment reports and protected statements; and Law reform and functions of provincial review boards.
2. Confidentiality and Privilege - Basic notions; The doctor-patient relationship; Duty to warn expectations for psychiatrists in Canada; Case law with regard to confidentiality of psychiatric records in Canada; and Case law, regarding privilege in Canada.
3. The Psychiatrist in the Court Room - Criminal law and civil law court reports and required standards in forensic psychiatry; Standards of proof; and The psychiatrist as an expert witness: process, testimony, and cross-examination
4. Consent and Capacity - Principles underlying consent and requirements for informed consent; Notions regarding capacity and lack of capacity; and Landmark case regarding consent and capacity in Canada.
5. Civil Forensic Psychiatry - Review of negligence, legal causation, and civil liability; Thin skull/crumbling skull theory; Discuss standards of care and duty of care issues; and Malpractice.

AC03 - CPA Academy Update Course with Canadian Academy of Child and Adolescent Psychiatry

Saturday, 14 September

14:45 - 17:45 (3 hrs)

Khrista Boylan*, MD, FRCPC; Anthony Bailey, MD, FRCPC; Nathalie Gingras, MD, FRCPC

CanMEDS Roles:

1. Medical Expert
2. Scholar
3. Professional

At the end of this session, participants will be able to: 1) Compare the clinical presentation and functional correlates of BPD in young people versus adults; 2) Know the key symptoms and signs that should lead to an adult ASD assessment; and 3) Compare the clinical presentation of eating disorders in child and adolescent versus adults.

The first section of this course, Diagnosis and Treatment of Borderline Personality Disorder in Adolescents and Young Adults, will be presented by Dr. Khrista Boylan. The past 15 years has seen a surge of research demonstrating the validity of the diagnosis of borderline personality disorder (BPD) in youth over age 13. The integration of assessment and treatment of BPD in evidence based practice could substantially reduce the risk for severe and persistent mental illness in this vulnerable patient population. The second section of this course, Diagnosis and Management of Autism Spectrum Disorder (ASD) in Adult Life, will be presented by Dr. Anthony Bailey. ASDs now affect nearly 2% of the population, persists into adulthood and is characterised by high rates of comorbid psychiatric disorder and unusually low rates of employment. Often able individuals are not diagnosed during the school years and clinicians may encounter these patients in the context of treating comorbidity. The final section of the course, Diagnosis and Management of Eating Disorders Across the Lifespan, will be presented by Dr. Nathalie Gingras. Anorexia nervosa (AN) has the highest mortality rate of any psychiatric disorder (Arcelus et al. 2011). The onset of AN typically occurs during adolescence. The clinician needs to understand the presentation of the disease to help these adolescents and young adults. He should also adapt his intervention depending on the age of the patient.