



Canadian Psychiatric Association

Dedicated to quality care

Association des psychiatres du Canada

Dévouée aux soins de qualité

2017 ANNUAL **REPORT**

CPA MISSION, VISION & STRATEGIC FOCUS

MISSION

As the national voice of Canadian psychiatrists, the Canadian Psychiatric Association (CPA) advocates for the professional needs of its members and promotes excellence in education, research and clinical practice.

VISION

A strong profession for a healthy population.

STRATEGIC FOCUS

The CPA has identified five strategic objectives:

- The CPA is the leading voice and trusted source for reliable clinical information.
- The CPA is a leader on public policy issues related to the role of psychiatry and the future of mental health care in Canada.
- The CPA is a strategic partner of choice.
- The CPA has a compelling value proposition that inspires psychiatrists to join and participate.
- The CPA is a high performing organization with exceptional talent and a strong financial base.

AREAS OF ACTIVITY

To meet these objectives, the CPA organizes its activities under three pillars:

◆ A NATIONAL VOICE

The CPA is the national voice for psychiatry on issues of professional concern and in matters of public policy.

◆ DEDICATED TO QUALITY PATIENT CARE & OUTCOMES

The CPA provides members with leading-edge knowledge to support clinical decision-making throughout their career.

◆ MEMBER ENGAGEMENT

CPA is a dynamic and responsive organization that engages members to meet their needs and expectations throughout their professional life cycle. For more information on CPA activities, visit our website: www.cpa-apc.org

TABLE OF CONTENTS

04 { **MESSAGE FROM THE
PAST-PRESIDENT**
Renuka Prasad (2016-2017)

05 { **MESSAGE FROM THE
PRESIDENT**
Nachiketa Sinha (2017-2018)

06 { **MESSAGE FROM THE
CHAIR/CEO**
Pamela Forsythe (Chair)
& Glenn Brimacombe (CEO)

07 { **NATIONAL VOICE**

10 { **ADVANCING RESEARCH
AND EVIDENCE-BASED
PRACTICE**

12 { **SUPPORTING CANADIAN
PSYCHIATRISTS**

18 { **WHO WE ARE**

21 { **OUR MEMBERS**

23 { **STAKEHOLDER
ENGAGEMENT**

**MS Renuka Prasad**

2016-2017

MESSAGE FROM THE PAST-PRESIDENT

“ *I am proud of what the CPA accomplished in 2017 and excited about the future.* **”**

I am delighted to present the Canadian Psychiatric Association's 2017 Annual Report with our current president, Dr. Nachiketa Sinha.

Over the past year, I have had the pleasure of watching the CPA truly raise the bar for our members, and for Canadian psychiatrists. While the external environment for national specialty societies remains a challenging one, this year we witnessed a successful turnaround with our financial picture. We are back in the black!

I have seen our community come together and show determination and a shared sense of purpose, working effectively as a unified voice for change. What has always shone through is the steadfast commitment to fighting for our patients' (some of society's most vulnerable) right to access services and quality care that will help them live and thrive despite their illness.

A revitalized governance structure has allowed CPA to leverage the involvement of our members. We have also worked conscientiously with our stakeholder organizations to develop consensus around themes of mutual importance, such as medical assistance in dying, military mental health and federal mental health investment.

As we move forward to 2018 and beyond, I am proud of what the CPA accomplished in 2017 and excited about the future. The psychiatric community is strong and vibrant, and together we will continue our efforts

to make mental health a priority investment area for the federal government and ensure better access to quality care and appropriate community services and supports.

Finally, it has been a distinct honour and privilege to represent the profession and travel across the country and meet many of you. I would like to thank the Board for its leadership, support and encouragement, and I look forward to CPA's continued growth and success under Dr. Sinha's strong leadership in 2018.

Best regards,

MS Renuka Prasad, BSc, MBBS, DGM, MRCPsych, FRCPC
Past-President

**Nachiketa Sinha**

2017-2018

MESSAGE FROM THE PRESIDENT

“ *We have moved from having a seat at the table to helping set the agenda.* **”**

As CPA president I am pleased to present the 2017 Annual Report. Once you have read its contents, I hope that you will be inspired to not only renew your membership, but encourage colleagues to do the same!

I want to first thank our past-president, Dr. Renuka Prasad, for his role in advancing the views of the profession in a number of areas, but particularly, cannabis legalization and the federal role in mental health care. Dr. Prasad has been a passionate and articulate spokesperson for psychiatry, and a trusted friend and colleague.

Helping shape the mental health care system of the future and defining psychiatry's role within that system is an important CPA priority and a strong mandate for me as president. Our focus has always been to promote the highest quality care and treatment for persons with mental illness, as well as to advance and represent the profession through education and clinical research.

To accomplish this, the collective voice of Canada's psychiatrists, who are united in a commitment to serve patients with the dignity, respect and care they deserve, must be heard at every table where decisions about mental health are made.

Our staff and volunteers have worked tirelessly to raise the voice and profile of the CPA. We are a trusted resource for influential leaders who want to hear the opinions of Canada's psychiatrists. We have moved from having a seat at the table to helping set the agenda.

We are moving in the right direction. If you believe in supporting the only national professional association that advocates for psychiatrists and psychiatry, then I ask that you join the CPA and encourage your colleagues to do the same. There is strength in numbers, and our influence on the direction of mental health policy is needed now, more than ever.

In closing, I would like to sincerely thank members for their continued support of the CPA. I welcome any thoughts you have about our strategic focus and how we can better meet your needs. I can be reached at president@cpa-apc.org.

With warm regards,

A handwritten signature in black ink, appearing to read 'N Sinha'.

Nachiketa Sinha, MBBS, MBA
President



**Pamela Forsythe (Chair)
& Glenn Brimacombe (CEO)**

MESSAGE FROM THE CHAIR & CEO

“ *...the CPA continues to provide outstanding continuing professional development...* **”**

It gives us great pleasure to look back at what the Canadian Psychiatric Association accomplished in 2017. It was a productive year that saw CPA expand its advocacy initiatives, reform its governance, heighten member engagement and shift its finances.

This year in advocacy CPA focused on a number of fronts. With the federal government expected to legalize marijuana in July 2018, the CPA released a position statement on mental health implications of cannabis legalization on youth and young adults. We have partnered with Drug Free Kids Canada to help spread awareness about their toolkit for parents and will continue to work with the federal government on its public education campaign.

The CPA also appeared before the House of Commons Standing Committee on Finance to discuss the need for targeted investments in mental health, as well as our concerns related to the government's proposed changes to physician incorporation. We have played, and will continue to play, a critical role in contributing to mental health policy and advancing the interests of Canadian psychiatrists.

Consistent with our emphasis on member engagement and supporting psychiatrists throughout their professional life cycle, the CPA continues to provide outstanding continuing professional development and has restructured its governance framework making it easier for members to get involved in more committees and working groups.

One of the biggest highlights this year has been seeing the turnaround with CPA's financial situation. In the face of declining revenue streams over the last few years we have had to adapt and make changes to our business model and practices. While we have made substantial progress, more needs to be done. The Board, Executive and staff will continue to address these challenges and make decisions toward a stable balance sheet.

Finally, we would like to thank our partner organizations for their continued support and solidarity this past year. We would also like to thank our member volunteers and CPA staff for their unwavering dedication and look forward to the year ahead.

If you have any questions or comments regarding the directions set by the Board of Directors and Executive Committee, please contact us at chair@cpa-apc.org or ceo@cpa-apc.org.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Pamela Forsythe'.

Pamela Forsythe, MD, FRCPC, DFCPA
Board Chair

A handwritten signature in black ink, appearing to read 'Glenn'.

Glenn Brimacombe
CEO

NATIONAL VOICE



No other organization represents the range and complexity of issues in psychiatry and engages decision-makers and the public on a regular basis. This year was a busy one for the CPA as it focused its activities on advocating for greater investment in mental health initiatives and improved mental health policy, collaborating on public education efforts, and providing leadership on matters that affect psychiatric practice. Below is a snapshot of our advocacy efforts over the past year.

INCREASED INVESTMENT IN MENTAL HEALTH

CPA president, Dr. Nachiketa Sinha, appeared before the House of Commons Standing Committee on Finance to discuss the need for targeted investments in mental health. He underscored the need for investments focused on mental health prevention and promotion, improved access to care, earlier diagnosis and treatment, and the availability of appropriate community services and supports. Dr. Sinha also called on the federal government to establish a five-year \$100 million Mental Health Innovation Fund and expressed concern about the proposed changes to incorporation potentially causing an exodus of physicians from Canada.

ACTION ON CANNABIS LEGALIZATION

The Research Committee led the development of a position statement, Implications of Cannabis Legalization on Youth and Young Adults, which was published in early 2017. This statement, which was developed with input from the academies and from Research Committee members, received a significant amount of media attention with its lead author, Dr. Phil Tibbo, appearing on CBC's Power and Politics as well as Ontario Today, to name just a few. We anticipate that government committees and the media will invite the CPA to comment on the mental health implications of cannabis legalization as the July 1, 2018 deadline for legalization approaches.



TREATMENT OF MENTALLY ILL IN PRISONS

Forensic psychiatrist Dr. Brad Booth appeared before the Senate Committee on Human Rights to speak about the treatment and overrepresentation of the mentally ill in Canada's federal prison population. Representing both the CPA and the Canadian Academy of Psychiatry and the Law (CAPL), several recommendations were made to the committee, most notably that the federal government strike a commission to review the effects of deinstitutionalization and hold provincial governments accountable for ensuring appropriate resources are available in hospitals and the community. Other issues discussed were the need to screen inmates for mental health issues and institute treatment plans at admission, and to consider the impact new crime legislation could have with regards to criminalizing mental illness.

MEDICAL ASSISTANCE IN DYING (MAID)

The CPA released results from the MAID member survey at a special all-delegate keynote plenary session during the Annual Conference. Developed by the Task Force on MAID, which is chaired by Dr. K. Sonu Gaidnd, the 13-question survey covered key concepts related to MAID. These survey results, in addition to the discussion at the Annual Conference, will inform the CPA's input to the federal government and the Council of Canadian Academies (CCA). Watch for an upcoming CPA member survey focused on the three issues under study by the CCA: mental illness as a primary diagnosis, mature minors and advance requests.



CPA IN THE MEDIA

[More money, better access needed for mental health in PEI: CPA president says psychiatrist shortages lead to inappropriate access to care](#) (CBC News, October 10, 2017)

[Prestigious CME research grant awarded to CPA member Dr. Sanjeev Sockalingam and colleagues](#) (PsychEXPRESS, August 10, 2017)

[CPA members, Dr. Nady el-Guebaly and Dr. Gail Erlick Robinson, named to the Order of Canada](#) (PsychEXPRESS, July 27, 2017)

[The Canadian Alliance on Mental Illness and Mental Health announces the 2017 Champions of Mental Health. Dr. Phil Tibbo honoured in the Researcher or Clinician category](#) (Newswire, April 13, 2017)

CPA's position on cannabis legalization was cited in many news sources, with lead author of our statement, Dr. Phil Tibbo, being featured on CBC's [Power and Politics](#) (April 12, 2017) and Ontario Today, a radio call-in show: [The blue print for legalizing pot](#) (April 13, 2017)



CANADIAN ALLIANCE ON MENTAL ILLNESS AND MENTAL HEALTH

Each year during Mental Illness Awareness Week (MIAW), members of the Canadian Alliance on Mental Illness and Mental Health (CAMIMH), of which CPA is a founding member, meet with Members of Parliament and Senators to discuss the federal government's role in supporting and investing in mental health. This coincides with the annual launch of the *Faces of Mental Illness* campaign, which recognizes five Canadians who suffer from mental illness. CPA president, Dr. Nachiketa Sinha, and CEO, Mr. Glenn Brimacombe, met with a number of MPs and Senators to reinforce the need for federal leadership on such an important national issue. The CPA also continues to work with CAMIMH towards advocating for more federal government investment in services, innovations and indicators that would improve the mental health care system.



CPA NEWS RELEASES

[CPA supports Drug Free Kids Canada Cannabis Talk Kit](#) (October 24, 2017)

[Psychiatrists recognize outstanding contributions to mental health at their Annual Conference](#) (September 17, 2017)

[Canadian psychiatrists welcome new president Dr. Nachiketa Sinha](#) (September 17, 2017)

[Prime Minister Trudeau to receive highest civilian honour from Canadian Psychiatric Association](#) (September 15, 2017)

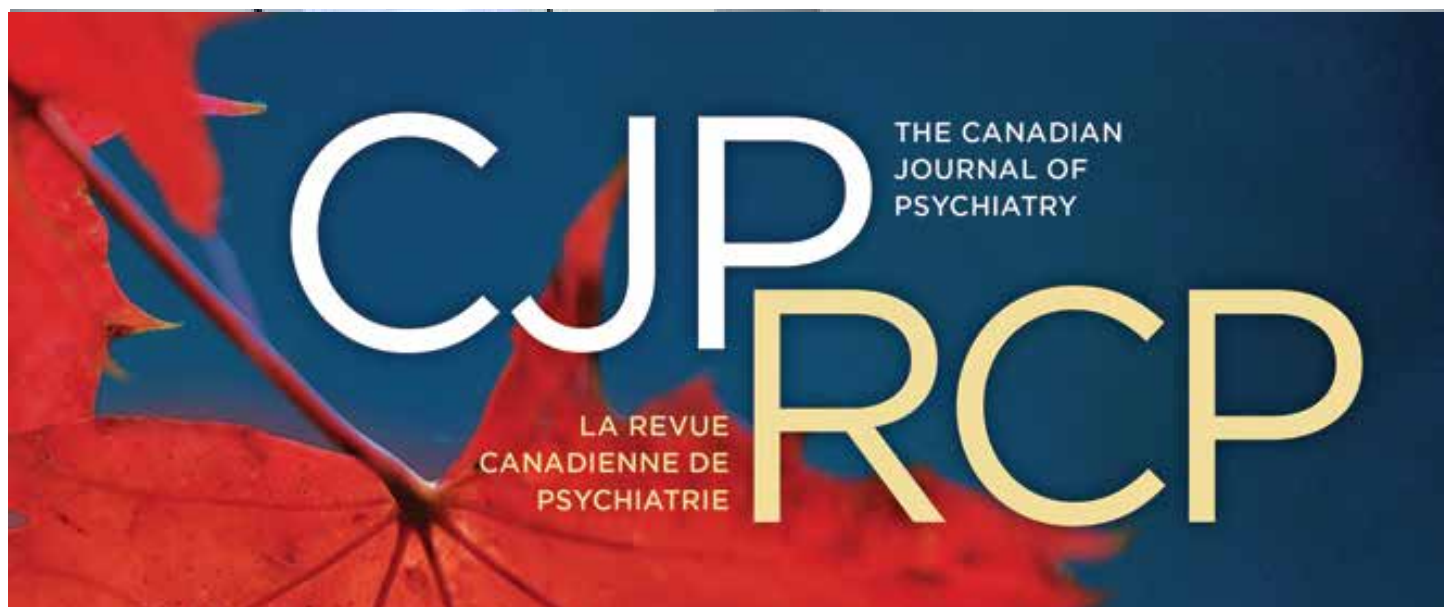
[Statement of Common Principles provides roadmap for mental health](#) (August 28, 2017)

[Cannabis legislation must protect mental health of young Canadians](#) (April 19, 2017)

[Psychiatrists urge government to consider mental health implications of cannabis legalization on youth](#) (April 12, 2017)

[Investments in mental health reflect needs of Canadians](#) (March 23, 2017)

ADVANCING RESEARCH AND EVIDENCE-BASED PRACTICE



Our focus is to promote the highest quality care and treatment for persons with mental illness as well as to advance and represent the profession of psychiatry through education and clinical research. We do this by offering high-quality CPD programs for psychiatrists and other health professionals, and by developing the resources you need to successfully navigate the shifting landscape of psychiatric practice and mental health policy in Canada.

THE CJP

Established in 1956, *The Canadian Journal of Psychiatry* (*The CJP*) is the official journal of the Canadian Psychiatric Association. Publishing 12 issues a year, *The CJP* contains original, previously unpublished, peer-reviewed scientific articles related to all aspects of Canadian and international psychiatry. While it is now published by SAGE, the largest independently owned publisher in the world, *The CJP* continues to attract submissions from esteemed researchers and in 2017, increased its impact factor (3.42) by 16 per cent. Recent issues of *The CJP* tackled important issues such as depression, dementia and suicide prevention, and contained the hotly anticipated release of the CPA's *Canadian Schizophrenia Guidelines*.

FOUNDATION OF THE CPA

The Board of Trustees has revised the Foundation's strategic priorities to invest in projects focused on quality care, public education, lifelong learning and innovative practices in psychiatry. The next step is to raise the Foundation's profile with members and others to increase contributions and expand its capacity to support projects.

Board of Trustees

- Dr. Pam Forsythe, Chair
- Dr. Yanbo Zhang, Secretary-Treasurer
- Dr. Sonu Gaiind
- Dr. Padraic Carr
- Dr. MS Renuka Prasad



CPA JUNIOR INVESTIGATOR RESEARCH COLLOQUIUM

Fifteen outstanding young investigators were invited to attend CPA's fourth annual Junior Investigator Research Colloquium in Ottawa. The Colloquium provides guidance, mentorship and encouragement to young investigators in the early phases of their training. The popular program allows junior investigators to obtain feedback about their past, present and future research from mentors who are tops in their field in a small group setting as well as participate in plenary sessions about career development and grantsmanship.

SCHIZOPHRENIA CPGS

The CPA released its hotly anticipated clinical practice guidelines (CPGs) on schizophrenia. The CPA last published a schizophrenia CPG in 2005. Led by Dr. Donald Addington and funded by the Mathison Centre for Mental Health Research and Education, the CPG was reviewed and approved by the CPA's Board of Directors and Professional Standards and Practice Committee. Each paper was peer reviewed by *The Canadian Journal of Psychiatry* and was published as a series of papers within the September issue of *The CJP*.



CPA POSITION PAPERS TO BE PUBLISHED IN 2018

Media Guidelines for Reporting on Suicide: 2017 Update of the Canadian Psychiatric Association Policy Paper

International Medical Graduates in Psychiatry: Cultural Issues in Training and Continuing Professional Development

Quality Review in Psychiatry

Use of Placebo in Clinical Trials of Psychotropic Medication

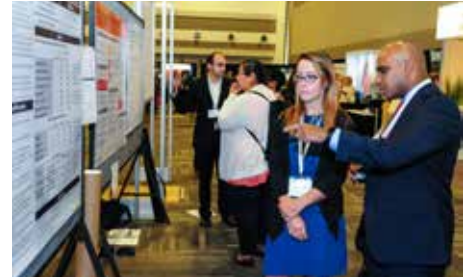
SUPPORTING CANADIAN PSYCHIATRISTS

The CPA values and supports its members through all stages of their career. Not only do we advocate for you at the federal government level on issues that affect you and your patients, but we also offer you opportunities for professional development, like with the CPA Annual Conference, as well as opportunities for professional recognition and engagement through volunteer positions in our councils, committees and working groups (CCWGs).

ANNUAL CONFERENCE

The city of Ottawa was a festive and charming venue this year for the 67th CPA Annual Conference. Not only did it play host to the nation's psychiatrists, but was also in full swing with celebrations marking the sesquicentennial of Canadian federation. The CPA Annual Conference saw 970 delegates pass through registration to take in everything from workshops and courses, to symposia and paper sessions. This year's keynote plenary sessions included debate and discussion on topical issues, such as the impact of cannabis legalization on psychiatric care, medical assistance in dying, the prevention of severe mental illness and workplace mental health. The week ended with a memorable President's Gala – one that was full of surprises, from our very own CEO, Glenn Brimacombe, entertaining guests with his band, StarFire, to ending with a marriage proposal on the dance floor (she said Yes!). It was also the night the CPA officially welcomed its new president, Dr. Nachiketa Sinha. With the 67th being so memorable, one can only imagine what's in store for the 68th Annual Conference, September 27 to 29, 2018, in Toronto.





A banner for the CPA 20th ICPD Conference. The background is a tropical beach scene with two wooden lounge chairs on white sand, turquoise water, and a blue sky. A white text box in the upper right corner contains the conference details.

CPA 20th ICPD CONFERENCE

Roundtrip Ft. Lauderdale

February 10 – February 20, 2017

Up to **28 CPD Hours** | **Celebrity - Equinox**

CONTINUING PROFESSIONAL DEVELOPMENT

Quality care and continuing professional development (CPD) are priorities for the CPA. We are well-positioned to provide timely access to leading-edge clinical information that supports decision-making and improved patient outcomes. To better serve members, we continually review, evaluate and improve the products and services we offer.

International CPD

ICPD 2017 was held on board the *Celebrity Equinox* cruise ship, departing from Fort Lauderdale, Florida, for a 14-day cruise through the Southern Caribbean, and included sessions on posttraumatic stress disorder, obsessive compulsive disorder, physician mental health and resilience, EMDR (eye movement desensitization and reprocessing) therapy, suicide risk assessment and intervention, medical cannabis, ageing, generalized anxiety disorder, attachment and mentalization based therapy, prevention in children of parents with mental illness and use of cognitive behavioural therapy with mindfulness classes.

CPD Institute Programs

The CPA's CPD Institute brought needs-based high-quality educational offerings from a biopsychosocial perspective to psychiatrists throughout Canada. Sessions were held in conjunction with the annual meetings of the Alberta, Saskatchewan and Manitoba provincial psychiatric associations in Banff, Saskatoon and Winnipeg. Two sessions were also held at the 2017 Annual Conference: the highly anticipated launch of clinical practice guidelines on schizophrenia and an informative session on major depressive disorder with renowned experts Dr. Pierre Blier, Dr. Sidney Kennedy and Dr. Diane McIntosh. With a faculty featuring acclaimed Canadian academics and researchers, the program provides psychiatrists with the latest advances in neuroscience and its practical application to improving clinical decision-making.

CPA AWARD WINNERS AND FELLOWS

A special congratulations to CPA award winners and new CPA Fellows:



DR. BRUCE BALLON

C.A. ROBERTS AWARD FOR
CLINICAL LEADERSHIP

PAUL PATTERSON INNOVATION IN
EDUCATION LEADERSHIP AWARD



DR. GLENDA MACQUEEN

J.M. CLEGHORN AWARD FOR
EXCELLENCE AND LEADERSHIP
IN CLINICAL RESEARCH



DR. MARK SINYOR

EARLY CAREER ACHIEVEMENT
IN PSYCHIATRY AWARD

R.O. Jones Award for Best Papers



1ST PLACE

Dr. Stefan Kloiber, Dr. Danilo de Jesus, Ms. Saima Awan, Dr. Robert Levitan, Dr. Peter Voore and Dr. Z. Jeff Daskalakis



2ND PLACE

Ms. Valeria Testa, Ms. Sarah MacLean, Ms. Lorraine Downey, Mr. Frank McGregor, Ms. Livia Chyurlia, Mr. Joe Micucci and Dr. Simon Hatcher



3RD PLACE

Dr. Simone Vigod, Dr. Cindy-Lee Dennis and Dr. Hilary Brown

Best Research Poster Awards



1ST PLACE

Dr. Krista Lancot, Mr. Parco Chan, Dr. Ivonne Suridjan, Ms. Dana Mohammad, Dr. Graham Mazereeuw and Dr. Nathan Herrmann



2ND PLACE

Ms. Chelsea Sherman, Ms. Myuri Ruthirakuhan, Ms. Eleenor Abraham, Dr. Nathan Herrmann and Dr. Krista Lancot



3RD PLACE

Dr. Elyse Ross, Dr. Rebecca Barnett, Dr. Rebecca Tudhope, Mr. Matthew Renaud, Ms. Jennifer Zhang, Ms. Stephanie Fong, Mr. Michael Wodzinski and Dr. Kamini Vasudev

Best Early Investigator Poster Awards



1ST PLACE

Dr. Melissa Lee, Dr. Ronald Leung and Dr. Reha Kumar



2ND PLACE

Dr. Maykel F. Ghabrash, Dr. Cynthia El Hage, Dr. Simon Dubreucq, Dr. Clairéline Ouellet-Plamondon, Dr. Suzanne Brissette, Dr. Paul Lespérance, Dr. Julie Bruneau, Dr. François Lespérance and Dr. Didier Jutras-Aswad



3RD PLACE

Dr. Jennifer Brasch, Mr. Anish Arora and Mr. Harman Sandhu

2017 Distinguished Fellows of the CPA



DR. ANNE BASSETT



DR. NANCY BRAGER

2017 Fellows of the CPA



DR. GARY ALTMAN



DR. JENNIFER BRASCH



DR. KENNETH FUNG



DR. CLARE GRAY



DR. JACQUELINE KINLEY



DR. PAUL KURDYAK



DR. GLENDON TAIT



DR. DOUG URNESS



DR. RANDALL WHITE

COUNCILS, COMMITTEES AND WORKING GROUPS (CCWGS)

The CPA has a number of councils, committees and working groups (CCWGs) that have been created to support the mission and strategic focus of the organization, and report directly to the Board of Directors.

Information on members, mandates and activities for each CCWG is available on the [members only website](#).

Councils
Council of Academies
Council of Psychiatric Associations

Committees
Continuing Professional Development
Economics
Education
Membership Affairs
Professional Standards and Practice
Public Policy
Research

Subcommittees
Annual Conference Program
Clinical Practice Guidelines
CPD Institute
International CPD
Member-in-Training
Practice Research Network

Working Groups and Task Forces
CFPC-CPA Collaborative Working Group on Shared Mental Health Care
Choosing Wisely Working Group
Early Career Psychiatrist Working Group
Task Force on Medical Assistance in Dying

WHO WE ARE

Board of Directors

As a national association, the CPA is governed by a provincially-representative Board of Directors that also includes members-in-training (residents) and recognized subspecialty psychiatry academies. The Board is a voluntary body that governs the affairs of the association, including its assets, funds and property, and provides overall guidance by setting policy, goals and directions that support and further CPA's objectives.

*Executive Committee



DR. NACHIKETA
SINHA*

PRESIDENT
Director, New Brunswick



DR. PAMELA
FORSYTHE*

BOARD CHAIR



DR. MS RENUKA
PRASAD*

PAST PRESIDENT
Director



DR. WEI-YI
SONG*

PRESIDENT-ELECT
Director, British-Columbia



DR. K. SONU
GAUND*

Director, Ontario



DR. YANBO
ZHANG*

SECRETARY-TREASURER
Director, Saskatchewan



DR. TARYN
HEARN

Director, Newfoundland
and Labrador



VACANT

Director, Prince
Edward Island



DR. RISK
KRONFLI

Director, Nova Scotia



DR. GEORGINA
ZAHIRNEY*

Director, Quebec



DR. JAMES
SIMM

Director, Manitoba



DR. PADRAIC
CARR*

Director, Alberta



DR. JOEL
WATTS

Director, Canadian
Academy of Psychiatry
and the Law



DR. DALLAS
SEITZ

Director, Canadian
Academy of Geriatric
Psychiatry



DR. SOPHIA
HRYCKO

Director, Canadian
Academy of Child and
Adolescent Psychiatry



DR. MARIE-CLAIRE
BOURQUE

Director, Early Career
Psychiatrist



DR. FATIMA
ALLIBHAI

Director-in-Training



DR. KARA
DEMPSTER

Director-in-Training



DR. AMANDA
DEGENHARDT

Director-in-Training

SPECIAL THANKS

We would also like to take this opportunity to thank our outgoing board members for their years of dedicated service to the Association. The CPA could not advance the profession without their involvement and support in strategic issues related to psychiatry and mental health. On behalf of all members, we thank the following psychiatrists for giving back!



**DR. FIONA
MCGREGOR***

SECRETARY-TREASURER



**DR. JOHANN
BRINK**

Director, Canadian
Academy of Psychiatry
and the Law



**DR. MICHAEL
BUTTERFIELD**

Director-in-Training



**DR. ABAYOMI
OTUSAJO**

Director, Prince
Edward Island



**DR. JITENDER
SAREEN**

Director, Manitoba



**DR. CHRIS
WILKES**

Director, Canadian
Academy of Child and
Adolescent Psychiatry

CPA Staff

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KATIE HARDY

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LYNDA NOEL

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PAMELA HICKS

Manager, Membership Affairs

membership@cpa-apc.org

Senior Coordinator,
Membership Affairs

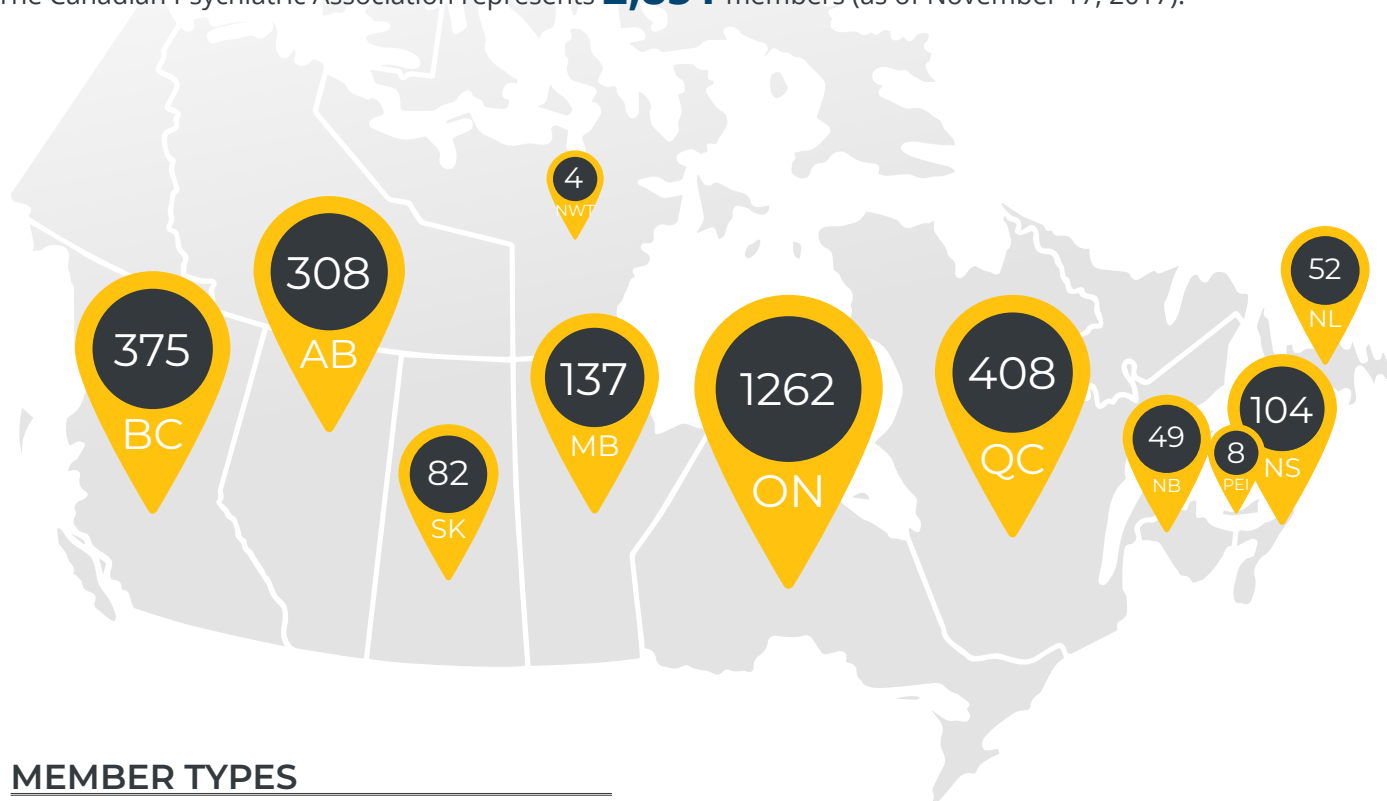
membership@cpa-apc.org

Coordinator, Continuing
Professional Development

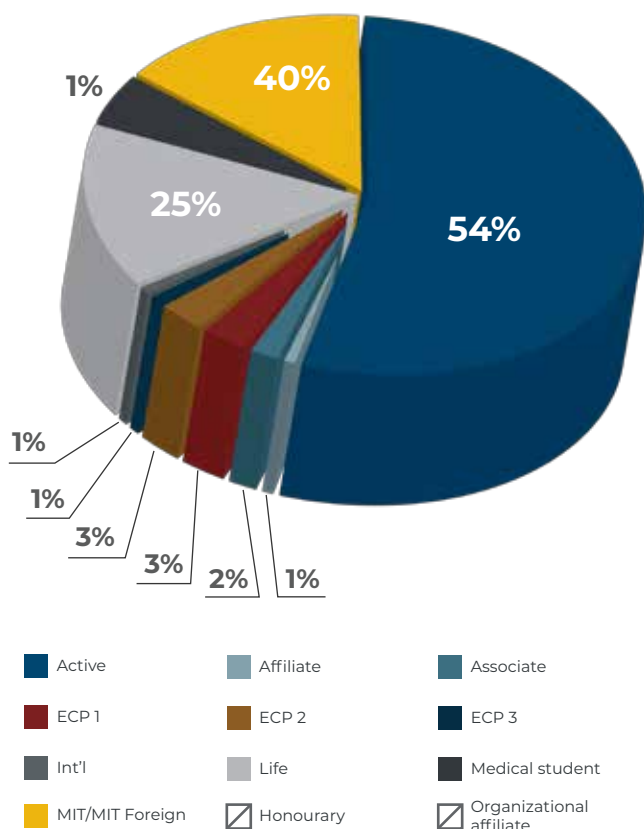
cpd@cpa-apc.org

OUR MEMBERS

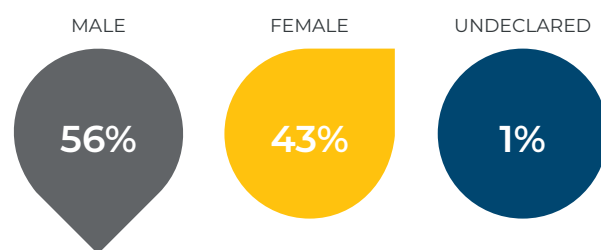
The Canadian Psychiatric Association represents **2,851** members (as of November 17, 2017).



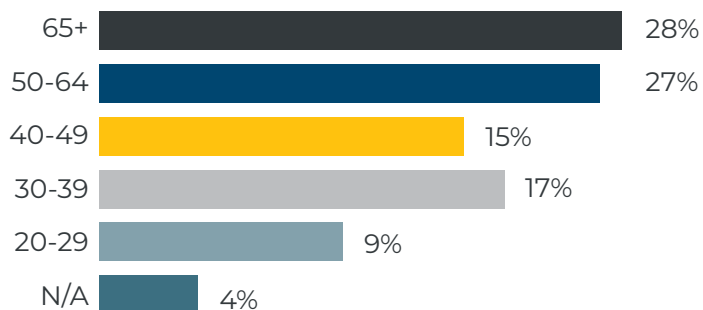
MEMBER TYPES



GENDER DISTRIBUTION



AGE DISTRIBUTION





Organizational Affiliates

The CPA welcomed two new members through its newly created affiliate organization category, Organizational Affiliate: **Lundbeck Canada** and the **Royal Ottawa Mental Health Care Group**. The new category was created to recognize organizations that identify mental health as a strategic priority, and want to collaborate with the CPA to improve the mental health of Canadians. Organizational Affiliates have no voting privileges. Their affiliation with CPA in no way implies the association's endorsement or support of the organizational affiliates positions and/or policies. It also in no way implies an organizational affiliate's endorsement or support of the CPA's position and/or policies.

Affinity Benefits

As a benefit to members and affiliates, CPA continues to add to its attractive list of affinity programs with selected suppliers of products and services.

For more information about these programs, please visit our website or contact membership at:

membership@cpa-apc.org

Keep an eye out throughout 2018 as we launch even more new programs.



STAKEHOLDER ENGAGEMENT

The CPA advocates for the profession, either alone or in concert with other organizations such as the academies, the provincial psychiatric associations, or broad-based coalitions like the Canadian Alliance on Mental Illness and Mental Health (CAMIMH) and the Health Action Lobby (HEAL).



ACADEMIES

(CACAP, CAPL, CAGP, CAPM)

The CPA has a track record of working with the academies on issues such as MAID, cannabis legalization and Choosing Wisely. It has also sought to strengthen this relationship by redefining the terms of reference for the Council of Academies and exploring ways to highlight each academy's subspecialty at the CPA Annual Conference.



PROVINCIAL PSYCHIATRIC ASSOCIATIONS

The CPA has created the Council of Psychiatric Associations. Jointly owned by all organizations, the intent is to create a body with senior leaders of the profession to discuss issues of shared strategic interest.



CAMIMH

With the release of *Mental Health Now!*, the coalition has played a key role in advocating for mental health to be part of the First Ministers' Health Accord and for increased investment in mental health innovations. As part of its five-point plan, CAMIMH is very pleased to see the federal government commit \$5 billion over ten years to mental health initiatives.



MENTAL HEALTH COMMISSION OF CANADA

The CPA works closely with the MHCC on a range of issues (e-mental health, MAID, First Ministers' Health Accord and the development of mental health indicators). Dr. Manon Charbonneau, a CPA past-president, is an MHCC Board member.



HEAL

This past year, HEAL was active in contributing to the public policy discussion around a First Ministers' Health Accord. Importantly, mental health was recognized as a specific priority that should be funded by the federal government.



CANADIAN MEDICAL ASSOCIATION

The CPA actively supported the CMA's dialogue with the federal government to ensure tax fairness for incorporated physicians.



INTERNATIONAL PSYCHIATRIC ORGANIZATIONS

The CPA is a member of the World Psychiatric Association and Dr. Sonu Gaiand is our zone representative. The CPA also meets regularly with senior officials from the American Psychiatric Association, the Royal College of Psychiatrists, and the Royal Australian and New Zealand College of Psychiatry to discuss issues of shared interest.



DRUG FREE KIDS CANADA

This year the CPA lent its support to an information campaign led by Drug Free Kids Canada to assist parents in talking to their children about the risks associated with cannabis use. The *Cannabis Talk Kit* is a user-friendly guide that highlights the latest evidence on cannabis consumption and complements the CPA's position statement, *Implications of Cannabis Legalization on Youth and Young Adults*.



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