



Canadian Psychiatric Association

Dedicated to quality care

Association des psychiatres du Canada

Dévouée aux soins de qualité

141 Laurier Avenue West 141, avenue Laurier Ouest
Suite 701 Bureau 701
Ottawa, ON K1P 5J3 Ottawa (Ontario) K1P 5J3
Tel: (613) 234-2815 tél : (613) 234-2815
Fax: (613) 234-9857 téléc : (613) 234-9857

www.cpa-apc.org
cpa@cpa-apc.org

BIOGRAPHICAL SKETCH

Alison Freeland, MD, FRCPC, FCPA Incoming Chair, Board of Directors

Dr. Alison Freeland is currently Vice President of Education, Academic Affairs and Patient Experience at Trillium Health Partners, and Associate Dean, Mississauga Campus, at the Temerty Faculty of Medicine, University of Toronto. The main focus of her clinical work is the care of people with serious mental illness and substance use disorders. She has a broad range of skills and experiences, having worked across hospital, community, and educational settings, and has administrative experience in both health care and academic institutions.

After obtaining her medical degree from the University of Saskatchewan, Dr. Freeland completed her psychiatry residency at the University of Western Ontario and the University of Ottawa. In addition to her medical training, Dr. Freeland has obtained a masters certificate in physician leadership from the Schulich School of Business at York University and is currently working towards her masters in evidence-based health care from the University of Oxford. Dr. Freeland's publications emphasize resident training, interdisciplinary collaboration and community-based psychiatric practice.

An excellent communicator who is known for her transparency and the clarity of her decisions, Dr. Freeland has a talent for being able to translate complex communications into a digestible format, as well as facilitating respectful and collaborative discussion. Her extensive involvement with various boards and leadership of provincial organizations such as the Ontario Psychiatric Association, the Ontario Medical Association Section of Psychiatry and the Coalition of Ontario Psychiatrists has given her an appreciation for regional policy issues, as well as mental health care systems and the role of psychiatrists within them.

A longstanding commitment to the CPA has strengthened Dr. Freeland's familiarity with its processes and procedures, the roles and responsibilities of its volunteer leaders, as well as the challenges and opportunities ahead for the organization and the profession. For the last four years, she has chaired the Professional Standards and Practice Committee, the Choosing Wisely Working Group and the Clinical Practice Guidelines Subcommittee. In addition, she has also served as co-chair of the the medical assistance in dying working group, and as a member of both the Education and the Continuing Professional Development committees.

Equity, diversity and inclusion (EDI) has been a crucial component of Dr. Freeland's development as a leader. She is committed to building her own knowledge and awareness, learning from others with both lived experience and expertise, and ensuring that an EDI approach is firmly embedded into her work. Dr. Freeland views this as an essential area of focus for the CPA so that it can adequately meet and represent the needs and interests of all its members, and, even more crucially, the patients and families they serve.