The President’s Gala

It is with great pleasure that I welcome you to the President’s Gala, hosted by the Canadian Psychiatric Association.

We gather today to recognize the Canadians who have distinguished themselves through their leadership in the field of mental health. I am humbled to count myself among those who are honoured today, and I gratefully accept the President’s Commendation. Many Canadians have confronted the struggles of mental illness, including some in my own family, and I want each of them to know that they are not alone. Together, we can ensure that all Canadians have access to the care and support they need to live full and healthy lives.

Our Government is committed to doing our part to address mental health needs. Over the next 10 years, we will provide $5 billion to provinces and territories to support mental health initiatives, an investment that will help hundreds of thousands of Canadians access the care they need, particularly young people, for whom timely and effectively access to care can be transformational in life.

We know, too, that a holistic approach to mental health is what can really make a difference. That is why we are investing in our communities through housing and employment initiatives, including the National Housing Fund, which will provide persons with mental health and addiction issues with even greater support. These changes alone won’t solve all the challenges that exist, but they are an important start in making mental health a priority for all Canadians.

Thank you to the organizers of this event, as well as to all of you who are in attendance for the work you have done to advance our understanding of mental health, and for all that you do on the front lines to help people who are struggling. Please accept my warmest welcome and best wishes for an enjoyable President’s Gala.