



Canadian Psychiatric Association

Dedicated to quality care

Association des psychiatres du Canada

Dévouée aux soins de qualité

141 Laurier Avenue West 141, avenue Laurier Ouest
Suite 701 Bureau 701
Ottawa, ON K1P 5J3 Ottawa (Ontario) K1P 5J3
Tel: (613) 234-2815 tél : (613) 234-2815
Fax: (613) 234-9857 téléc : (613) 234-9857

www.cpa-apc.org
cpa@cpa-apc.org

BIOGRAPHICAL SKETCH

Nachiketa Sinha, MBBS, MBA President (2017-2018), Canadian Psychiatric Association

Dr. Nachiketa Sinha has been practicing as a consultant psychiatrist in New Brunswick since 2006. Prior to that he received his training in psychiatry at Cambridge Deanery and worked at the Bedfordshire and Luton NHS Trust in the United Kingdom. Dr. Sinha graduated from Karnatak University in Dharwad, India in the year 2000-2001. He is an Assistant Professor with the Faculty of Medicine at Dalhousie University, has an executive MBA in healthcare from the University of British Columbia's Sauder School of Business, and is the author of an internationally recognized self-help book, *Empowered and Strong*.

Dr. Sinha moved to the Moncton area of New Brunswick in February 2016 and has been providing clinical services through his clinic on Mountain Road. Prior to moving to the Moncton area he served the communities of Woodstock and Perth in the picturesque Upper River Valley Region of New Brunswick. Some of his interests centre around providing equity in treatment and he is recognized nationally for his role in providing culturally appropriate psychiatric care to the First Nations communities of New Brunswick.

Dr. Sinha is of East Indian origin and is proud of his cultural heritage grounded in the principles of compassion, non-violence and equality. His ability to work and integrate with different cultures has allowed him to collaborate in varied settings over three continents. He is a team player and strongly believes in patient-centered care.

Dr. Sinha is involved with various associations and was elected twice by his colleagues to the position of president of the New Brunswick Psychiatric Association (NBPA) in 2015-2016, and again in 2016-2017. Prior to being NBPA president, he was the association's treasurer and played a crucial role in revitalizing the association and making psychiatry a relevant voice in the province.

Dr. Sinha has been active in initiating important changes to mental health delivery in New Brunswick and has a unique ability to bring different stakeholders together for a common goal. He played an instrumental role in the introduction of Community Treatment Orders (CTOs) in New Brunswick.

Dr. Sinha is the past treasurer of the New Brunswick Medical Society and sits on the Executive Committee of the Canadian Psychiatric Association. He has been a sitting member of the CPA's Board of Directors for the last three years. Dr. Sinha also sits on the board of the Foundation of the Canadian Psychiatric Association, and was chair of the CPA's Council of Provinces.

Dr. Sinha is a past and only psychiatrist member of Accreditation Canada's Physician Advisory Committee, and was also involved in the Mental Health and Addictions Leadership Forum of the Government of New Brunswick.

Dr. Sinha is a proud father to his 10-year-old beloved son.