



Join us Saturday, June 6, 2020 (9 am to 1:30 pm EDT) for a FREE virtual event. Open to all Healthcare **Professionals.**

Mental Health in the COVID-19 Pandemic

(Psychiatric Dimensions of Disasters III)

Learning Objectives:

09:30

09:30 -

10:00 -

10:30 -

11:00

10:30

10:00

- To become familiar with the mental health burden of the current COVID-19 pandemic
- To acquire skills in prevention and management of traumatic stress related disorders, including in children and families, applied to the COVID-19 pandemic
- To learn Psychological First Aid, self care, and enhanced resilience of healthcare professionals in disasters
- To become increasingly adept collaborating with colleagues in healthcare, first responders and the Red Cross

Schedule-at-a-Glance (Each session contains 10 min Q&A)

09:00 -**Introduction & Welcome**



pandemic

pandemic

Frank G. Sommers, MD, FRCPC, **DLFAPA, DFCPA Program Chair** Founding Chair, Section of Disaster Psychiatry, Canadian Psychiatric Association and Disaster Psychiatry Canada, University of Toronto

Prevention and Treatment: Management of

Psychosocial Distress in the context of COVID-19

Psychological First Aid & Self-Care in COVID-19

Mental Health of Children and Families in the

Acute Stress, Post Trauma Stress and



Benoit H. Mulsant, MD, FRCPC, DFAPA Professor and Labatt Family Chair, Department of Psychiatry, University of Toronto



Samantha Hill, MDCM, FRCSC

President, Ontario Medical Association; Cardiac Surgeon, St. Michael's Hospital & Sunnybrook Health Sciences Centre



Janet Ellis, MBBChir, FRCPC Director, Psychosocial Care in Trauma, Sunnybrook Health Sciences Centre; Assistant Professor, University of Toronto

Jodi Lofchy, MD, FRCPC

Interim Chief and Medical Program Director, Service Head, Adult Acute Care Psychiatry, St. Joseph's Health Centre Toronto; Associate Professor, University of Toronto

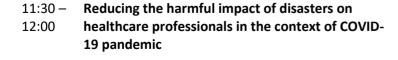
Frederick J. Stoddard Jr, MD, DLFAPA

Professor of Psychiatry, Harvard Medical School, Massachusetts General Hospital; Chief of Psychiatry Emeritus, Shriners Hospitals, Boston: Co-editor & Author, Disaster Psychiatry: Readiness, Evaluation and Treatment



11:00 -**Caring for Our Patients During Pandemic &** 11:30 **Climate-Related Disasters**

context of COVID-19 pandemic



12:00 -First Responders – Prevention and Treatment in the context of COVID-19 pandemic 12:30



Joshua Morganstein, MD, DFAPA

Chair, APA Committee on Psychiatric Dimensions of Disaster; Captain, US Public Health Service; Associate Professor & Assistant Chair, Department of Psychiatry, Assistant Director, Center for the Study of Traumatic Stress, Uniformed Services University of the Health Sciences, Bethesda

Robert Maunder, MD, FRCPC

Chair in Health and Behaviour at Sinai Health; Deputy Psychiatrist-in-Chief & Head of Psychiatry Research; Professor, Department of Psychiatry, University of Toronto



Andrea Tuka, MD, FRCPC

LCol. Clinical Leader, Operational Trauma Stress Support Center, Royal Canadian Navy Base, Victoria, BC



12:30 - Speakers Panel & Discussion

13:30 Discussants:

- Dr. Catherine Martin-Doto, C.Psych. (Toronto Police Service)
- Peter Rotolo (Toronto Paramedic Services)
- Cary Stather (Toronto Fire Services)
- Alison Paul, MSW, RSW (Canadian Red Cross)
- Ted Bober, MSW, RSW (PHP, Ontario Medical Association)
- Alexandra Heber, MD, FRCPC, CCPE (Chief, Psychiatry, Veterans Affairs Canada)
- Cecilia Marino, MD, PhD, FRCPC, Psychiatry, University of Toronto
- Laurie Mazurik, MD, FRCPC, MBA, Emergency Physician, Sunnybrook Health Sciences Centre



Robert J. Ursano, MD, DLFAPA

Professor, Psychiatry and Neuroscience Director, Center for the Study of Traumatic Stress (CSTS); Department of Psychiatry, Uniformed Services University of the Health Sciences, Bethesda; Editor: Textbook of Disaster Psychiatry

FREE REGISTRATION

Accreditation:

College of Family Physicians of Canada Mainpro+ One-Credit-Per-Hour (Group Learning)

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Faculty of Medicine, University of Toronto for up to 4 Mainpro+ credits.

Royal College of Physicians and Surgeons of Canada – Section 1

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. You may claim up to a maximum of 4 hours.

 Program Info:
 https://dpc2018.wordpress.com/program/pdd3/

 or
 https://www.oma.org/section/search/mental-health-in-the-covid-19-pandemic-2?type=events

PlanningFrank Sommers, Benoit Mulsant, Janet Ellis, Heather Milliken, Ted Bober, Jennifer Csamer, NazleneCommittee:Shivcharan, Helen Lee

Supported by



Canadian Psychiatric Association Association des psychiatres du Canada

